

Supplementary Table 1. The quartile value of each variables

Variable	Q1	Q2 (median)	Q3
TSH, uIU/mL	1.501	2.251	3.248
FT4, ng/dL	1.125	1.232	1.344
Urine iodine creatinine ratio	99.121	170.586	399.300
Fasting glucose, mg/dL		92.883	
Fasting insulin, uIU/mL		6.267	
HOMA-IR		1.466	
HbA _{1c} , %		5.385	

TSH, thyrotropin; FT4, free thyroxine; HOMA-IR, homeostasis model assessment of insulin resistance; HbA_{1c}, hemoglobin A_{1c}.