



Characteristics and risk factors associated with missed diagnosis in patients with smear-negative pulmonary tuberculosis

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Division of Pulmonology, Department of Internal Medicine, Severance Hospital, Yonsei University College of Medicine, 50-1 Yonsei-ro, Seodaemun-gu, Seoul 03722, Korea Tel: +82-2-2228-1954 Fax: +82-2-393-6884 E-mail: mdkang@yuhs.ac https://orcid.org/0000-0002-7783-5271 **Background/Aims:** Delayed diagnosis and treatment of smear-negative pulmonary tuberculosis (TB) are major concerns for TB control. We evaluated characteristics of patients with smear-negative pulmonary TB who received a delayed diagnosis and identified risk factors that may have contributed to this delay.

Methods: We reviewed medical records of patients with smear-negative culture-positive pulmonary TB treated at a tertiary care hospital in South Korea between January 2017 and December 2018. Patients who initiated anti-TB treatment after positive cultures were included in the missed TB group, and those who initiated empirical treatment before positive cultures were included in the control group.

Results: Of 220 patients included, 117 (53.2%) and 103 (46.8%) were in the missed TB and control groups, respectively. Patients in the missed TB group were older (p = 0.001) and had a higher mean body mass index (BMI) (p = 0.019). Comorbidities (66.9% vs. 46.6%, p = 0.003) and immunocompromised patients (33.1% vs. 20.4%, p = 0.035) were more common in the missed TB group than in the control group. Old age (odds ratio [OR], 1.030; 95% confidence interval [CI], 1.012 to 1.048; p = 0.001), high BMI (OR, 1.114; 95% CI, 1.004 to 1.237; p = 0.042), and negative polymerase chain reaction (PCR) results (OR, 9.551; 95% CI, 4.925 to 18.521; p < 0.001) were associated with delayed diagnosis.

Conclusions: In more than half of patients with smear-negative pulmonary TB, the diagnosis was delayed. Patients with delayed TB diagnosis were older, had higher BMI, and negative PCR results.

Keywords: Lung disease; Tuberculosis; Diagnosis; Risk factors

INTRODUCTION

Tuberculosis (TB) is the leading cause of death from a single epidemic disease worldwide [1], and it remains a global health problem despite advances in its diagnosis and treatment. The global incidence of TB is currently declining 1.5% per year [1], and to achieve the World Health Organization (WHO) End TB Strategy targets,

this reduction rate needs to be increased by 4% to 5% per year by 2020 [2].

To reach the goals of the WHO End TB Strategy, early diagnosis to prevent TB spread is one of the most important factors for reducing the incidence of TB [3]. To enable early detection and diagnosis, the sensitivity and specificity of TB diagnostic tools must be improved. Sputum smear microscopy has been used as a primary



method for diagnosing TB [4]; however, the sensitivity of this method is reportedly only 50% to 60% [5].

Because it may take a long time before TB culture test results are confirmed, not initiating TB treatment until a positive culture report is received may result in delayed diagnosis. This, in turn, may delay optimal treatment, lead to poor treatment outcomes, and increase the risk of transmission in the hospital and community. For the rapid diagnosis of smear-negative pulmonary TB, TB polymerase chain reaction (PCR), which includes the Xpert MTB/RIF assay (Xpert, Cepheid, Sunnyvale, CA, USA), is performed; however, this assay is not sufficiently sensitive and not fully implemented in real-world settings. Therefore, delayed diagnosis and treatment of smear-negative pulmonary TB are major concerns for TB control in low- and intermediate-burden areas.

We, therefore, aimed to evaluate the clinical characteristics and radiologic findings of patients with smear-negative pulmonary TB whose diagnosis and treatment were delayed and to identify risk factors that may have contributed to the delayed diagnosis.

METHODS

Study population and design

We conducted this single-center retrospective study at a tertiary care hospital in South Korea between January 2017 and December 2018. Patients with smear-negative and culture-positive pulmonary TB were retrospectively identified. The Institutional Review Board at Severance Hospital approved this retrospective study and waived the need for informed consent for access to electric medical records (IRB No. 2019-2828-001).

Patients and data collection

Medical records of 307 adult patients (aged ≥ 18 years) with smear-negative and culture-positive pulmonary TB were evaluated. Smears were considered positive if acid-fast bacteria (on auramine-rhodamine staining) were observed in the smears of any of the respiratory specimens [6]. We included only patients diagnosed with pulmonary TB according to the WHO [7] and Korean TB guidelines [8], i.e., a diagnosis that was based on a positive culture from a spontaneous sputum sample, an induced sputum sample, or bronchoalveolar lavage.

From this patient group, we excluded patients with extra-pulmonary TB, those who had already initiated treatment at another hospital, those who were not prescribed medication at our hospital, and those who were currently under treatment.

The following data were collected from each patient's medical record: demographic data (sex, age, body mass index [BMI]), presence of comorbidities (immunocompromised condition, hypertension, diabetes mellitus, chronic kidney disease, and respiratory disease), smoking status, and prior history of TB treatment. Immunocompromised patients were defined as (1) hematopoietic cell transplant recipients; (2) other solid organ transplant recipients; (3) patients with malignancies who were receiving chemotherapy; and (4) patients who received any immunosuppressive treatments (e.g., biologic agents targeting inflammatory mediators, or corticosteroid therapy). Patients who smoked at least once in their lifetime were classified as smokers. Furthermore, we reviewed other medical records, including clinical TB forms, reports of symptoms at diagnosis, radiographic findings, and diagnostic methods.

Classification of the study population

The study population was divided into two groups based on whether anti-TB treatment was initiated before or after receiving positive culture results. Patients who initiated anti-TB treatment after the confirmation of positive culture results were included in the missed TB group, and those who initiated empirical treatment before obtaining the final culture results were included in the control group.

Treatment outcomes

Treatment outcomes were defined according to the WHO [9] and Korean TB guidelines [8]. A favorable outcome was defined as a cure and/or treatment completion without relapse, and an unfavorable outcome was defined as treatment failure, death during treatment, or relapse after completing the initial treatment.

Statistical analysis

Data are presented as the number of cases and the median (interquartile range [IQR]). Categorical comparisons were performed using the chi-square test, and continuous variables were compared using the Mann–Whitney



test or t test. Multivariate logistic regression analysis was performed to evaluate factors potentially associated with a delayed diagnosis of TB. The odds ratios (ORs) and 95% confidence intervals (CIs) were also calculated. A p value < 0.05 was considered significant for all analyses. Data analysis was performed using SPSS version 25 (Released 2017, IBM Corp., Armonk, NY, USA).

RESULTS

Study population

From January 2017 to December 2018, 307 patients with smear-negative and culture-positive TB were enrolled in this study. Of the 307 patients, 87 were excluded, and 220 patients met the inclusion criteria. Of these 220 patients, 117 (53.2%) were included in the missed TB group and 103 (46.8%) were included in the control group (Fig. 1).

Baseline characteristics

Baseline characteristics of the study population are summarized in Table 1. The study population had a median age of 58.0 years (IQR, 39.3 to 71.0). Compared with patients in the control group, those in the missed TB group were older (median age, 49.0 years [IQR, 33.0 to 69.0] vs. 63.0 years [IQR, 48.5 to 72.5]; p = 0.001) and had significantly higher BMI (21.6 kg/m² [IQR, 19.5 to 23.4] vs. 22.4 kg/m² [IQR, 20.0 to 24.7], p = 0.019). The presence of any comorbidities (79 [66.9%] vs. 48 [46.6%], p = 0.003) and immunocompromised conditions (39 [33.1%] vs. 21

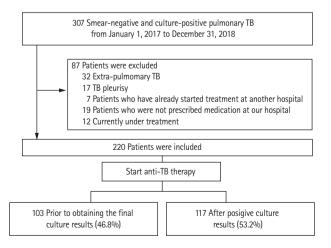


Figure 1. Flow chart of the study population. TB, tuberculosis.

[20.4%], p = 0.035) were more common in the missed TB group than in the control group. There were no significant differences in sex, smoking status, or prior history of TB treatment between the two groups.

The most common symptoms experienced by patients before being diagnosed with TB were cough and sputum production (64 [29.1%] and 43 [19.5%], respectively). There were no significant differences between the two groups regarding whether symptoms developed before TB was diagnosed (52 [50.5%] vs. 64 [54.7%], p = 0.589). In total, 216 (98.2%) patients underwent chest computed tomography (CT), and four (1.8%) underwent only chest X-ray. Fewer patients in the missed TB group than in the control group presented with a cavitating lesion on chest X-ray or chest CT (24 [23.3%] vs. 12 [10.3%], p = 0.011). In addition to the smear/culture examination, patients underwent other diagnostic tests, including PCR and interferon-gamma release assay (IGRA). In total, 30.9% of patients underwent IGRA, of whom 95.6% showed positive results. There were no significant differences between the two groups in terms of the proportion of patients with positive IGRA results (37 [97.4%] vs. 28 [93.3%], p = 0.056). Furthermore, 92.3% of patients underwent PCR, including Xpert MTB/RIF assay, and 47.8% of patients with positive cultures also had positive PCR results. The proportion of positive PCR results was lower in the missed TB group than in the control group (26 [25.5%] vs. 71 [70.3%], p < 0.001) (Table 1 and Fig. 2).

Table 2 shows working diagnoses for patients in the missed TB group before pulmonary TB was confirmed and the reasons for initiating anti-TB treatment before obtaining culture results for patients in the control group. Clinicians considered the possibility of TB at the first visit in 71 (60.7%) patients. Of these 71 patients, 27 (38.0%) were treated with antibiotics before the diagnosis of TB to rule out pulmonary TB. Differential diagnoses considered by clinicians for patients in the missed TB group included pneumonia (n = 24, 20.5%) and lung cancer (n = 8, 6.8%). Patients who initiated anti-TB treatment before obtaining culture results were treated based on positive PCR results (n = 48, 46.6%), radiographic findings (n = 27, 26.2%), radiographic findings and PCR (n = 20, 19.4%), pathology results (n = 4, 3.9%), pathology and PCR (n = 3, 2.9%), or clinical symptoms (n = 1, 1.0%).



Table 1. Baseline characteristics

Variable	Total (n = 220)	Control $(n = 103)$	Missed TB (n = 117)	p value
Age, yr	58.0 (39.3–71.0)	49.0 (33.0–69.0)	63.0 (48.5–72.5)	0.001
Sex				1.000
Male	130 (59.1)	61 (59.2)	69 (59.0)	
Female	90 (40.9)	42 (40.8)	48 (41.0)	
Body mass index, kg/m ²	22.0 (19.7–24.1)	21.6 (19.5–23.4)	22.4 (20.0–24.7)	0.019
Underlying disease				
Presence of any comorbidity	127 (57.7)	48 (46.6)	79 (67.5)	0.003
Immunocompromised	60 (27.3)	21 (20.4)	39 (33.3)	0.035
Hypertension	58 (26.4)	25 (24.3)	33 (28.2)	0.542
Diabetes mellitus	39 (17.7)	15 (14.6)	24 (20.5)	0.290
Chronic kidney disease	11 (5.0)	4 (3.9)	7 (6.0)	0.548
Respiratory disease	13 (5.9)	3 (2.9)	10 (8.5)	0.091
Smoking history	103 (46.8)	47 (45.6)	56 (47.9)	0.787
Prior history of TB treatment	29 (13.2)	12 (11.7)	17 (14.5)	0.556
Symptoms	116 (52.7)	52 (50.5)	64 (54.7)	0.589
Cough	64 (29.1)	31 (30.1)	33 (28.2)	0.768
Sputum	43 (19.5)	14 (13.6)	29 (24.8)	0.042
Night sweat	1 (0.5)	1 (1.0)	0 (0.0)	0.468
Fever	30 (13.6)	13 (12.6)	17 (14.5)	0.699
Weight loss	2 (0.9)	0 (0.0)	2 (1.7)	0.500
Dyspnea	16 (7.3)	6 (5.8)	10 (8.5)	0.604
Hemoptysis	12 (5.5)	6 (5.8)	6 (5.1)	1.000
Radiographic finding ^a				
Cavitary lesion	36 (16.4)	24 (23.3)	12 (10.3)	0.011
Consolidation	82 (37.3)	43 (41.7)	39 (33.3)	0.211
Nodules/mass	180 (81.8)	88 (85.4)	92 (78.6)	0.222
Predominant upper lung field	107 (48.6)	55 (53-4)	52 (44.4)	0.224
IGRA				
Done	68 (30.9)	38 (36.9)	30 (25.6)	0.080
Positive	65 (95.6)	37 (97-4)	28 (93.3)	0.056
PCR				
Done	203 (92.3)	101 (98.1)	102 (87.2)	0.002
Positive	97 (47.8)	71 (70.3)	26 (25.5)	< 0.001
Bronchoscopy	55 (25.0)	28 (27.2)	27 (23.1)	0.534
Considering the possibility of TB at first visit	170 (77.3)	99 (96.1)	71 (60.7)	< 0.001

Values are presented as median (interquartile range) or number (%).

TB, tuberculosis; IGRA, interferon-gamma release assay; PCR, polymerase chain reaction.

^aChest computed tomographies (CTs) were performed in 216 patients. We reviewed all chest CTs in 216 patients and chest X-rays in another four patients.



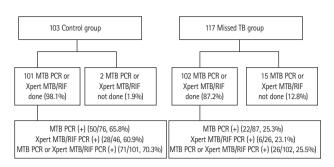


Figure 2. Proportion of positive polymerase chain reaction (PCR), including Xpert MTB/RIF assay (Xpert, Cepheid, Sunnyvale, CA, USA) and results.

Clinical treatment outcomes

Clinical treatment outcomes are shown in Table 3. The median duration from the date of culture testing to the start of treatment was 3.0 days (IQR, 0.0 to 7.0) in the control group and 25.0 days (IQR, 21.0 to 29.0) in the missed TB group (\$\phi < 0.001), indicating that anti-TB treatment was initiated significantly later in the missed TB group than in the control group (Table 3 and Fig. 3). During the median follow-up of 559.0 days (IQR, 311.0 to 767.0), 190 (86.4%) patients were treated successfully with favorable outcomes, including cure and treatment completion. Unfavorable outcomes occurred in 12 patients (5.5%); these outcomes included treatment failure (n = 1, 0.5%), death during treatment (n = 10, 4.5%), and relapse after initial treatment completion (n = 1, 0.5%). The median duration of treatment was 188.0 days (IQR, 181.0 to 269.0). There were no significant differences between the two groups in the median duration of treatment (188.0 days [IQR, 181.0 to 271.0] vs. 186.0 days [IQR, 181.0 to 267.5], p = 0.893). Eighty-one (36.8%) patients experienced adverse events associated with anti-TB drugs, of whom 17 (7.7%) changed medication and 38 (17.3%) discontinued and restarted medication owing to the adverse events. There were no statistically significant differences in treatment outcomes between the two groups.

Factors associated with a delayed diagnosis of TB

Table 4 shows the results of univariate and multivariate logistic regression analyses that estimated the ORs of missed TB. On univariate analysis, six variables were associated with missed TB diagnosis, namely, old age, high BMI, immunocompromised status, absence of a cavitating lesion, absence of sputum production, and

Table 2. Working diagnoses in the missed TB group and the reasons for starting anti-TB treatment before obtaining the culture results in the control group

Value	No. (%)
Working diagnoses ^a	
TB suspected in the first impression	71/117 (60.7)
Pneumonia	24/117 (20.5)
Lung cancer	8/117 (6.8)
Stabilized TB	5/117 (4.3)
NTM	5/117 (4.3)
Bronchiectasis	2/117 (1.7)
Latent TB	1/117 (0.9)
IgG4 related systemic disease	1/117 (0.9)
Reasons for starting anti-TB therapy ^b	
Clinical symptoms only	1/103 (1.0)
Radiographic findings only	27/103 (26.2)
Radiographic findings and PCR	20/103 (19.4)
PCR	48/103 (46.6)
Pathology	4/103 (3.9)
Pathology and PCR	3/103 (2.9)

TB, tuberculosis; NTM, nontuberculosis mycobacteria; IgG4, immunoglobulin G4; PCR, polymerase chain reaction

negative PCR results or no PCR testing. The following variables remained significant in the final multivariate analysis: older age (OR, 1.030; 95% CI, 1.012 to 1.048; p = 0.001), high BMI (OR, 1.114; 95% CI, 1.004 to 1.237; p = 0.042), and negative PCR results (OR, 9.551; 95% CI, 4.925 to 18.521; p < 0.001).

DISCUSSION

In this study, we found that the diagnosis of more than half of all patients with smear-negative pulmonary TB (53.2%) was delayed until the confirmation of positive culture results. Such a delay could contribute to disease transmission within the hospital [10] and community. Patients with a delayed diagnosis of TB were older, had higher BMIs, and were more likely to have negative PCR results. Thus, these were factors that could potentially

^aWorking diagnoses in missed TB group.

^bReasons for starting anti-TB therapy before positive culture in control group.



Table 3. Clinical treatment outcomes

Variable	Total (n = 220)	Control (n = 103)	Missed TB (n = 117)	p value
Period between culture test and the start of treatment, day	17.0 (4.0–26.0)	3.0(0.0-7.0)	25.0 (21.0–29.0)	< 0.001
Treatment duration, day	188.0 (181.0–269.0)	188.0 (181.0-271.0)	186.0 (181.0–267.5)	0.893
End of treatment outcome				0.923
Treatment success	190 (86.4)	89 (86.4)	101 (86.3)	
Failure	1 (0.5)	О	1 (0.9)	
Death during treatment	10 (4.5)	4 (3.9)	6 (5.1)	
Lost to follow-up	2 (0.9)	1 (1.0)	1 (0.9)	
Not evaluated	17 (7.7)	9 (8.7)	8 (6.8)	
Treatment outcomes in follow-up				
Relapse	1 (0.5)	0	1 (0.9)	1.000
All-cause death	11 (5.0)	4 (3.9)	7 (6.0)	0.548
Favorable outcome	189 (85.9)	89 (86.4)	100 (85.5)	1.000
Unfavorable outcome	12 (5.5)	4 (3.9)	8 (6.8)	0.386
Changed medication due to AE	17 (7.7)	7 (6.8)	10 (8.5)	0.801
Stopped medication due to AE	38 (17.3)	15 (14.6)	23 (19.7)	0.373
Total of patient who have AE	81 (36.8)	35 (34.0)	46 (39.3)	0.484
Time of follow-up, day	559.0 (311.0–767.0)	559.0 (306.0-762.0)	561.0 (318.0-775.0)	0.272

Values are presented as median (interquartile range) or number (%).

TB, tuberculosis; AE, adverse events.

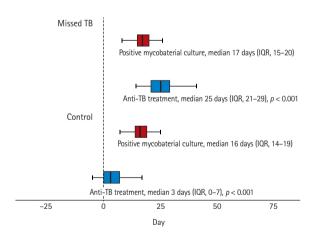


Figure 3. Box-and-whisker plots showing the date of initiation of anti-tuberculosis (TB) treatment and positive results of mycobacterial culture. IQR, interquartile range.

delay diagnosis and treatment of smear-negative pulmonary TB.

Older age was an important factor associated with missed TB diagnosis, a finding consistent with the re-

sults of previous studies [11-13]. In elderly people, clinical symptoms and radiographic findings of TB are known to be less typical and less specific [12,14], making it easier for TB to be confused with other diseases [13]. Atypical clinical manifestations of TB in elderly patients may lead to delayed diagnosis and treatment, which may be associated with poor treatment outcomes. Furthermore, because adverse reactions are more common in elderly patients undergoing anti-TB treatment [15,16], clinicians are more likely to hesitate to initiate anti-TB treatment, which can cause a delay in the diagnosis and treatment of such patients with smear-negative pulmonary TB. Previous studies have shown that the mortality rate of TB increases with older age [17]. The higher mortality rate associated with TB in elderly patients was because of underlying comorbidities, deterioration of the immune system, and delays in initiating anti-TB treatment [18]. Therefore, efforts to improve early detection and treatment in the elderly population are needed. TB is often difficult to diagnose; thus, even if typical respiratory symptoms of TB are not present, clinicians



Table 4. Univariate and multivariate logistic regression analysis of variables that may have contributed to a missed TB diagnosis

Variable -	Unadjusted		Adjusted			
	OR	95% CI	p value	OR	95% CI	p value
Old age	1.027	1.012-1.042	< 0.001	1.030	1.012-1.048	0.001
Male sex	0.990	0.578-1.696	0.970	0.882	0.445-1.711	0.882
Body mass index	1.109	1.014-1.213	0.023	1.114	1.004-1.237	0.042
Underlying disease						
Immunocompromised	1.952	1.056-3.609	0.033	1.258	0.600-2.637	0.544
Hypertension	1.226	0.670-2.243	0.509			
Diabetes mellitus	1.514	0.746-3.073	0.251			
Chronic kidney disease	1.575	0.448-5.542	0.479			
Respiratory disease	3.115	0.833-11.647	0.091			
Smoking history	1.094	0.643–1.860	0.741			
Prior history of TB treatment	1.289	0.584-2.845	0.529			
Symptoms						
Without sputum	4.77	0.236-0.964	0.039	0.605	0.263-1.392	0.237
Radiographic findings						
Without cavitary lesion	2.658	1.253-5.638	0.011	1.747	0.716-4.260	0.220
Without consolidation	1.433	0.828-2.481	0.198			
Without nodules/mass	1.594	0.789-3.222	0.194			
Without pleural effusion	1.137	0.070-18.415	0.928			
Non-predominant upper lung field	1.432	0.842-2.438	0.185			
PCR, negative or not done	7.766	4.247-14.198	< 0.001	9.551	4.925–18.521	< 0.001
IGRA, negative or not done	1.782	0.993-3.199	0.053			

TB, tuberculosis; OR, odds ratio; CI, confidence interval; PCR, polymerase chain reaction; IGRA, interferon-gamma release assay.

should consider the possibility of TB in elderly patients living in areas with a considerable TB burden.

In our study, BMI was significantly higher in the missed TB group than in the control group. We, therefore, assumed that clinicians may be less likely to suspect TB in patients with higher BMI, although there is limited in-depth evidence to support this assumption. Although there were significant differences in BMI in the two groups, the mean BMIs in both groups were within the normal weight range according to the WHO guidelines.

According to the Korean TB guidelines [8], broad-spectrum antibiotics—except fluoroquinolones—could be used to rule out pulmonary TB in clinical settings. However, in our study, only 38% of patients who had a possible diagnosis of pulmonary TB were treated with broad-spectrum antibiotics before their diagnosis. This might be ex-

plained by the high performance rate of chest CT (98% in our study) and easy accessibility of bronchoscopy at our institution. At our facility, when a clinician suspects pulmonary TB through chest radiographs, they tend to perform chest CT and bronchoscopic examinations to achieve an accurate diagnosis, rather than initiate a trial of broad-spectrum antibiotics in our situation.

Rapid molecular diagnostic tools have improved the diagnostic yield of TB. Our analysis revealed that positive PCR results were associated with a faster diagnosis. However, we also found that the sensitivity of PCR testing was only 47.8%. This was probably related to the properties of smear-negative TB, i.e., paucibacillary TB with low bacillary load or enzymes in the sputum, which inhibits the amplification reaction. Previous studies reported that Xpert MTB/RIF results had a sensitivity ranging from 47% to 87% [19] in the setting of



smear-negative pulmonary TB. However, in real-world practice, the sensitivity of Xpert for the detection of TB is inadequate when few bacilli are present in the clinical specimen. Therefore, various attempts have been made to increase the sensitivity of the diagnosis. Although a recent report showed that the sensitivity of the Xpert MTB/RIF Ultra assay (63%) was superior to that of the Xpert MTB RIF assay (46%), neither test's sensitivity was sufficiently high in the setting of smear-negative pulmonary TB [20]. Thus, the development of further rapid and sensitive diagnostic tools for paucibacillary TB is warranted to prevent the delayed diagnosis of possibly infectious cases of pulmonary TB.

This study had some limitations. First, our study was a single-center trial, and the results may not be applicable to other settings. Second, the retrospective design of this study was limited to the review of medical records and our data may, therefore, not be as accurate as data collected within the context of a prospective study. Thus, further prospective studies are required to confirm our results.

In conclusion, we identified clinical characteristics and risk factors associated with missed TB diagnosis in patients who initiated anti-TB treatment after receiving confirmed positive culture results. These factors could provide clues and explain why the diagnosis of TB was delayed in the missed TB group. Carefully considering the possibility of TB in an elderly population, even when symptoms are atypical, and performing diagnostic tests—including radiological imaging and molecular assays—can help clinicians with the early detection of TB.

KEY MESSAGE

- Patients with a delayed diagnosis of tuberculosis (TB) were older, had a higher body mass index, and were more likely to have negative polymerase chain reaction results than those in whom empirical treatment was initiated before positive cultures.
- 2. The development of further rapid and sensitive diagnostic tools for paucibacillary TB is necessary to prevent the delayed diagnosis of pulmonary TB.

Conflict of interest

No potential conflict of interest relevant to this article was reported.

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