

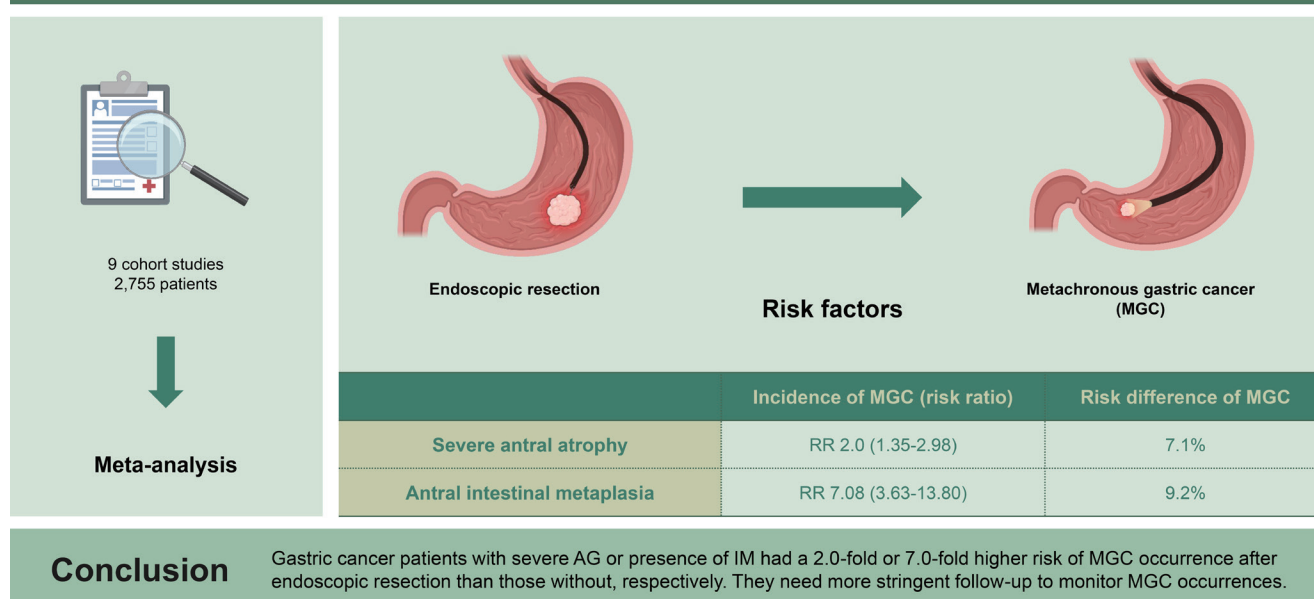


Factors influencing occurrence of metachronous gastric cancer after endoscopic resection: a systematic review and meta-analysis

Younghee Choe¹, Jae Myung Park^{2,3}, Joon Sung Kim¹, Yu Kyung Cho², Byung-Wook Kim¹, and Myung-Gyu Choi^{2,3}

¹Division of Gastroenterology and Hepatology, Department of Internal Medicine, Incheon St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Seoul; ²Division of Gastroenterology and Hepatology, Department of Internal Medicine, Seoul St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Seoul; ³Catholic Photomedicine Research Institute, College of Medicine, The Catholic University of Korea, Seoul, Korea

Factors influencing occurrence of metachronous gastric cancer after endoscopic resection: a systematic review and meta-analysis



Background/Aims: Metachronous gastric cancer (MGC) can occur after endoscopic resection for gastric cancer. Further studies on factors other than *Helicobacter pylori* infection are needed. This systematic review and meta-analysis aimed to evaluate risk factors for metachronous recurrence of endoscopically resected gastric cancer.

Methods: We searched medical literature published by February 2023 and identified patients with MGC after endoscopic resection for gastric cancer. The occurrence of MGC and the presence of intestinal metaplasia (IM), severe atrophic gastritis (AG), and *H. pylori* infection were quantitatively analyzed.

Results: We identified 2,755 patients from nine cohort studies who underwent endoscopic resection for gastric cancer by 2018. Those with severe AG or presence of IM had a significantly higher incidence of MGC than those without (RR 2.00,

95% CI 1.35–2.98, $I^2 = 52\%$ for severe atrophy on antrum; RR 7.08, 95% CI 3.63–13.80, $I^2 = 0\%$ for antral IM). Absolute risk difference of MGC occurrence was 7.1% in those with severe AG and 9.2% in those with IM. The difference in incidence rate per 1,000 person-years was 17.5 person-years for those with severe AG and 24.7 person-years for those with IM. However, *H. pylori* eradication did not significantly affect the occurrence of MGC (RR 1.18, 95% CI 0.88–1.59, $I^2 = 10\%$).

Conclusions: Gastric cancer patients with severe AG or presence of IM had a 2.0-fold or 7.0-fold higher risk of MGC occurrence after endoscopic resection than those without, respectively. They need more stringent follow-up to monitor MGC occurrences (CRD42023410940).

Keywords: Atrophic gastritis; Meta-analysis; Metaplasia; Second primary neoplasms; Stomach neoplasms

INTRODUCTION

Endoscopic resection (ER) is now a standard treatment modality for gastric cancer (GC) when the GC is small and limited to the mucosa. This treatment has no significant difference in short-term outcomes of overall of disease-free survival compared with laparoscopic gastrectomy in early GC. ER also has fewer late complications and requires a shorter hospital stay than laparoscopic gastrectomy [1,2]. However, local treatments such as ER have a high risk for development of metachronous gastric cancer (MGC) in the residual stomach [3–5].

There are several risk factors for the occurrence of MGC after ER. Although *Helicobacter pylori* (*H. pylori*) infection is the most important factor, it can be managed [6]. Atrophic gastritis (AG) and intestinal metaplasia (IM) are precancerous GC lesions in the general population [7,8]. Since advanced AG and IM have a high risk of gastric adenocarcinoma, endoscopic surveillance is recommended [9,10].

Although the influence of AG or IM is considerable in the development of GC, there is no quantifiable evidence to help predict the risk of MGC occurrence in patients who have undergone ER for GC. Thus, this study conducted a systematic review and meta-analysis on the risk of MGC occurrence when AG or IM developed after ER for GC. This systematic review and meta-analysis has been registered in PROSPERO (CRD42023410940).

METHODS

Search strategy and study selection

We searched MEDLINE, Embase, and Cochrane centrally controlled trial registries without language restrictions for

studies published according to the Preferred Reporting Items for Systematic Reviews and Meta-Analysis guidelines from inception through February 2023 to identify potential studies [11]. Suitable studies were investigated for effects of the degree of mucosal atrophy and the presence of IM on MGC occurrence after ER for GC (Supplementary Table 1).

Inclusion criteria for this study were: (i) studies on adults 19 years of age or older with GC who underwent ER, (ii) studies with evaluation of severe AG or IM presence, (iii) studies that clearly cited evaluation method (endoscopy, histology, or serology), (iv) studies on MGC defined as recurrence of GC elsewhere in the stomach at one year after complete ER of GC, (v) studies with follow-up period of at least two years after ER, and (vi) studies with dichotomous assessment of the occurrence of MGC. We extracted all endpoints from the last follow-up using the most recent publication from each trial. Studies in which gastric ‘adenoma’ were resected or metachronous gastric ‘adenoma’ occurred were excluded. Studies using ambiguous methods for assessing severe AG or IM were also excluded.

Two investigators (YC and JMP) and a professional librarian from the Catholic University of Korea performed literature searches independently of each other. Search terms used are detailed in Supplementary File. All potentially relevant references were obtained and evaluated to assess qualifications against the predefined criteria by investigators independently. Titles and abstracts were reviewed to extract relevant studies. Full texts were screened to identify eligible studies that met inclusion criteria. We resolved disagreements among investigators through discussion and, if necessary, consultation with a third reviewer (BWK) who was one of the authors of this study. There were no language restrictions. Foreign language papers were translated when necessary.

Outcome assessment

The primary outcome was the effect of the presence of IM or severe AG on the occurrence of MGC, which was compared with that of patients without IM or with mild to moderate AG. IM was histologically defined by the Sydney classification. Mucosal atrophy was defined variously by three parameters: endoscopy, serology, and histology. Endoscopic evaluation was examined according to Kimura-Takemoto classification (closed type I/II/III and open type I/II/III) or updated Sydney System (none, mild, moderate, or marked) [12,13]. Included studies evaluated open type II and type III as severe AG. Serologically, mucosal atrophy was evaluated by pepsinogen (PG) I and PG II. PG is a proenzyme produced in gastric mucosa. When atrophic change occurs, PG I level produced in chief cells decreases, as does the PG I/II ratio. In general, severe AG is determined when the PG I/II ratio is less than 3.0 [14-16]. Histologically, mucosal atrophy was classified according to the updated Sydney System [13].

Data extraction

All data were extracted independently by two investigators (YC and JMP) with dichotomous results (with or without MGC). The following data were also extracted for each trial: geographical location, country of origin, number of centers, number of patients, sex, age, alcohol intake, smoking histo-

ry, history of *H. pylori* infection and eradication, follow-up period, number of patients with MGC, presence of IM, severity of AG at the time of ER, and anatomical, gross, and pathological features of primary cancer. Data were extracted using evaluation parameters of AG and IM.

Quality assessment and data synthesis

Quality and risk of bias were independently assessed by two investigators (YC and JMP). Because included studies were non-randomized studies, the 'Newcastle-Ottawa Scale for Cohort Study Quality' was used. If there were differences of opinion between the two investigators, the discrepancy was resolved through discussion. We performed the systematic review and meta-analysis following the Preferred Reporting Items for a Systematic Review and Meta-analysis guideline [17,18].

Data for subsequent development of GC according to the degree of AG and *H. pylori* infection status were combined using a random-effect model and Mantel-Haenszel estimation method. A random-effect model was also used for MGC occurrence according to subgroup analyses of AG and the presence or absence of IM.

Taylor series and Byar method were used for the incidence rate per 1,000 person-years of MGC by severe AG and presence of IM. The effect was expressed as a GC risk ratio (RR)

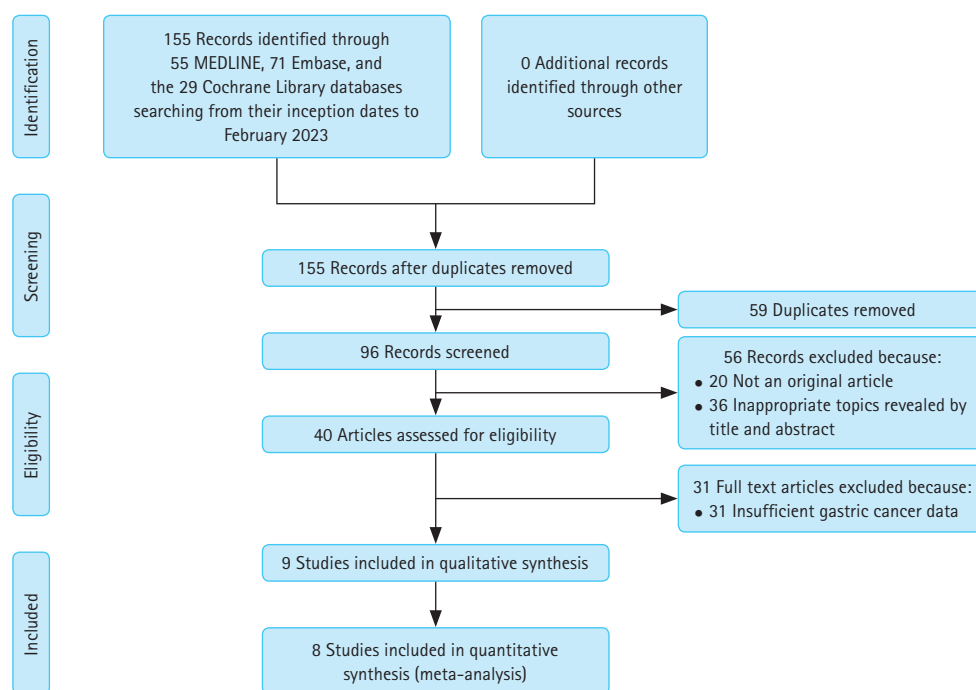


Figure 1. Flow diagram of search and selection of studies on the occurrence of metachronous gastric cancer after endoscopic resection.

Table 1. Baseline characteristics of studies that followed up the occurrence of metachronous gastric cancer after endoscopic resection

Study ^{a)}	Year	Country	Year of ER	Number of subjects	Male sex, n (%)	<i>H. pylori</i> eradication (persistent vs. eradicated)	Age (yr), mean \pm SD or median (range)	Follow-up (mo), median (range)	Incidence of MGC, n (%)	Parameter of severe AG	Parameter of IM
Han et al. [19]	2011	Korea	2004–2007	176	112 (63.6)	22:94	N/A	30 (18–42)	9 (5.1)	Endoscopic ^{b)}	Histologic ^{b)}
Han et al. [20]	2018	Korea	2005–2011	565	440 (77.9)	196:212	N/A	60 (12–122)	50 (8.8)	Histologic ^{b)}	Histologic ^{b)}
Hanaoka et al. [21]	2010	Japan	2003–2006	82	68 (82.9)	10:63	65.2 \pm 8.5	55 (14–72)	12 (14.6)	Endoscopic ^{c)} Serologic ^{d)}	N/A
Iguchi et al. [22], Moribata et al. [23]	2016	Japan	2002–2013	330	240 (74.6)	82:146	70.7 \pm 9.1	50 (12–142)	47 (14.2)	Endoscopic ^{c)} Serologic ^{d)}	Endoscopic
Kato et al. [24]	2021	Japan	2005–2018	483	373 (77.2)	189:294	69 (45–86)	62 (13–178)	87 (18.0)	Endoscopic ^{c)}	N/A
Kim et al. [25]	2016	Korea	2005–2015	433	325 (75.1)	42:120	67 ^{e)}	30 (6–107)	15 (3.5)	Endoscopic ^{c)}	Histologic ^{b)}
Maehata et al. [26]	2012	Japan	1998–2009	268	194 (72.4)	91:177	69 (40–90)	36 (13–133)	28 (10.4)	Endoscopic ^{c)}	N/A
Oura et al. [27]	2020	Japan	2005–2018	418	295 (70.6)	28:383	71.6 \pm 8.7	53 (12–166)	40 (9.6)	Endoscopic ^{c)}	N/A

AG, atrophic gastritis; ER, endoscopic resection; *H. pylori*, *Helicobacter pylori*; IM, intestinal metaplasia; MGC, metachronous gastric cancer; N/A, not available; SD, standard deviation.

^{a)}All included studies were retrospective studies.

^{b)}It was classified by the Kimura-Takemoto classification [12].

^{c)}It was classified by updated Sydney System [13].

^{d)}Expressed in median age (range).

^{e)}The standard deviation was not mentioned.

Table 2. Absolute risk and incidence rate per person-years of occurrence of MGC according to the severity of AG

Study	Year	Number of subjects	Median follow-up (yr)	Parameter of severe AG	Absolute risk of MGC occurrence according to the degree of atrophy, n (%)		Absolute risk difference (%)	Incidence rate per 1,000 person-years (95% confidence interval) ^{a)}		Incidence rate difference per 1,000 person-years ^{b)}
					Non-severe AG	Severe AG		Non-severe AG	Severe AG	
Han et al. [19]	2011	176	2.5	Endoscopic-antrum	3/116 (2.6)	6/55 (10.9)	8.3	10.3 (2.1–30.2)	43.6 (15.9–95.0)	33.3
				Endoscopic-corpus	7/133 (5.3)	2/32 (6.3)	1.0	21.1 (8.4–43.4)	25.0 (2.8–90.3)	3.9
Han et al. [20]	2018	565	4.2	Histologic-antrum	30/327 (9.2)	4/28 (14.3)	5.1	21.8 (14.7–31.2)	34.0 (9.2–87.1)	12.2
				Histologic-corpus	30/350 (8.6)	5/41 (12.2)	3.6	20.4 (13.8–29.1)	29.0 (9.4–67.8)	8.6
Hanaoka et al. [21]	2010	82	4.7	Endoscopic	3/51 (5.9)	9/31 (29.0)	23.1	12.5 (2.5–36.6)	61.8 (28.2–117.3)	49.3
Iguchi et al. [22], Moribata et al. [23]	2016	330	4.2	Endoscopic	23/214 (10.7)	24/116 (20.7)	9.9	23.2 (14.7–34.9)	49.3 (31.6–73.3)	26.0
Kato et al. [24]	2021	483	5.2	Endoscopic	31/182 (17.0)	56/301 (18.6)	1.6	32.8 (22.3–46.5)	35.8 (27.0–46.5)	3.0
Kim et al. [25]	2016	433	2.5	Endoscopic	7/338 (2.1)	8/95 (8.4)	6.4	8.3 (3.3–17.1)	33.7 (14.5–66.4)	25.4
Maehata et al. [26]	2012	268	3.0	Endoscopic	5/103 (4.9)	23/165 (13.9)	9.1	16.2 (5.2–37.8)	46.5 (29.5–69.7)	30.3
Oura et al. [27]	2020	418	3.3	Endoscopic	10/126 (7.9)	30/292 (10.3)	2.3	24.1 (11.5–44.2)	31.1 (21.0–44.5)	7.1
Total		2,755	-		112/1,457 (7.7)	160/1,083 (14.8)	7.1	20.7 (17.1–24.9)	38.6 (32.8–45.0)	17.5
					116/1,497 (7.7)	157/1,073 (14.6)	6.9	20.9 (17.3–25.1)	37.9 (32.2–44.3)	17.0

AG, atrophic gastritis; MGC, metachronous gastric cancer.

^{a)}Taylor series was used.^{b)}Byar method was used.

of 95% confidence interval (CI). I^2 was used to assess heterogeneity between studies. To define a significant degree of heterogeneity, we evaluated heterogeneity between studies using both the I^2 statistic with a cutoff of $\geq 50\%$ and the χ^2 test with $p < 0.10$. Review Manager V.5.4.1 (RevMan for Windows 2020; Nordic Cochrane Center, Copenhagen, Denmark) and Excel were used for the analysis.

RESULTS

Study inclusion and characteristics

Through the planned search strategy, 96 documents were identified. After reviewing titles and abstracts, 40 studies that appeared to be potentially inclusive were searched and evaluated (Fig. 1). In these studies, 2,755 patients were included from 9 articles reporting relevant data from 8 individual studies [19-27]. After patients were diagnosed with GC, they underwent ER. They were then followed for more than two years at the attending hospital. These patients were evaluated for the presence of IM or degree of AG at the time of ER.

Characteristics of studies included based on appropriate criteria are presented in Table 1. Proportions of men in studies ranged from 64 to 83%. At the time of ER, about 67% were negative for *H. pylori* or had successful eradication treatment of the infection within one year. When analyzing patients who had undergone *H. pylori* test, 176 patients in the study of Kim et al. [25] and seven in the study of Oura et al. [27] did not tested for *H. pylori* infection. The shortest and longest median follow-up periods were 30 and 62 months, respectively.

This study analyzed severe atrophy based on the definition of each paper's authors. Among studies that defined atrophy endoscopically, five studies were classified based on the Kimura-Takemoto classification. In four studies, open types II and III were defined as severe. In all other studies, all open types were severe [21]. Two studies classified severe atrophy with a low serum PG I/II ratio. One study defined pathologic severe atrophy by updated Sydney classification. The risk of bias assessments for all included studies was evaluated by the Newcastle-Ottawa Scale for Cohort Study Quality (Supplementary Table 2).

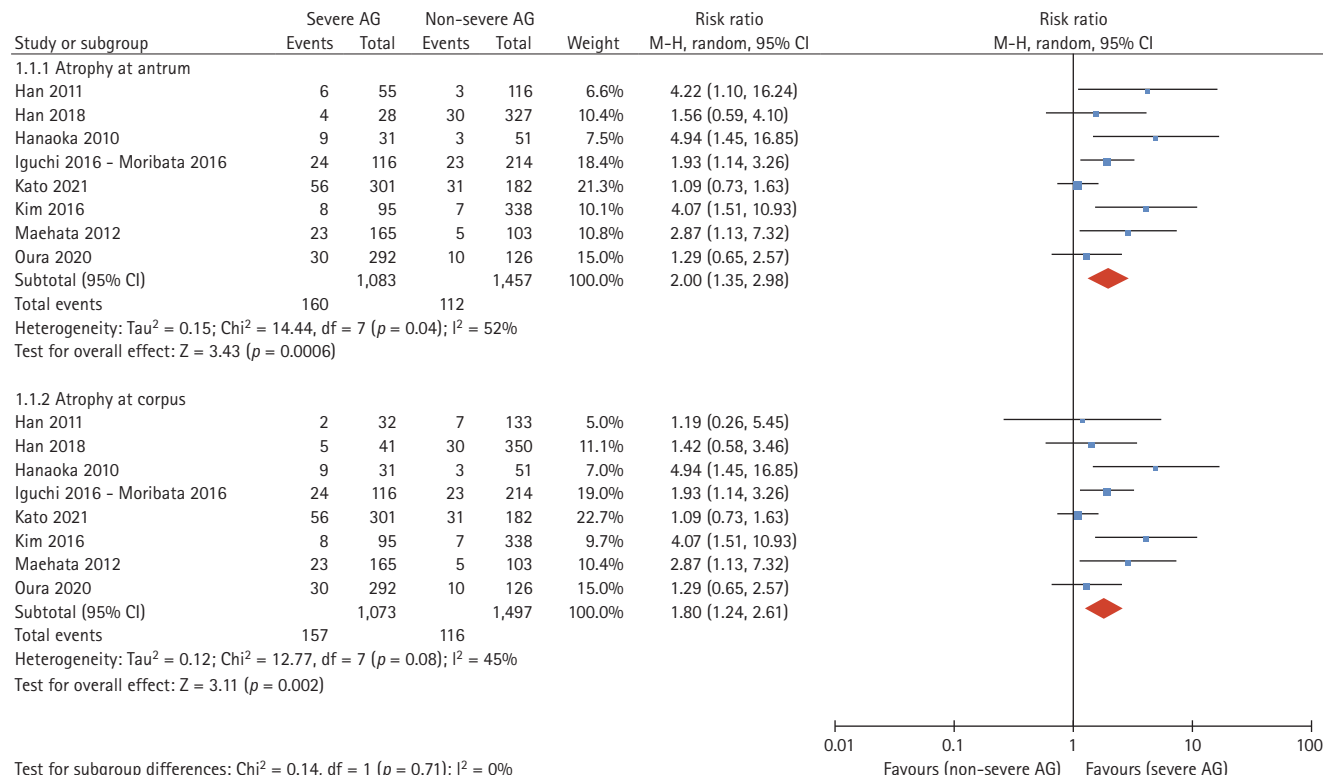


Figure 2. Forest plot of the occurrence of metachronous gastric cancer after endoscopic resection according to severity of atrophic gastritis. Two studies evaluated atrophy by dividing it into antrum and corpus. Thus, they were analyzed separately [19,20]. AG, atrophic gastritis.

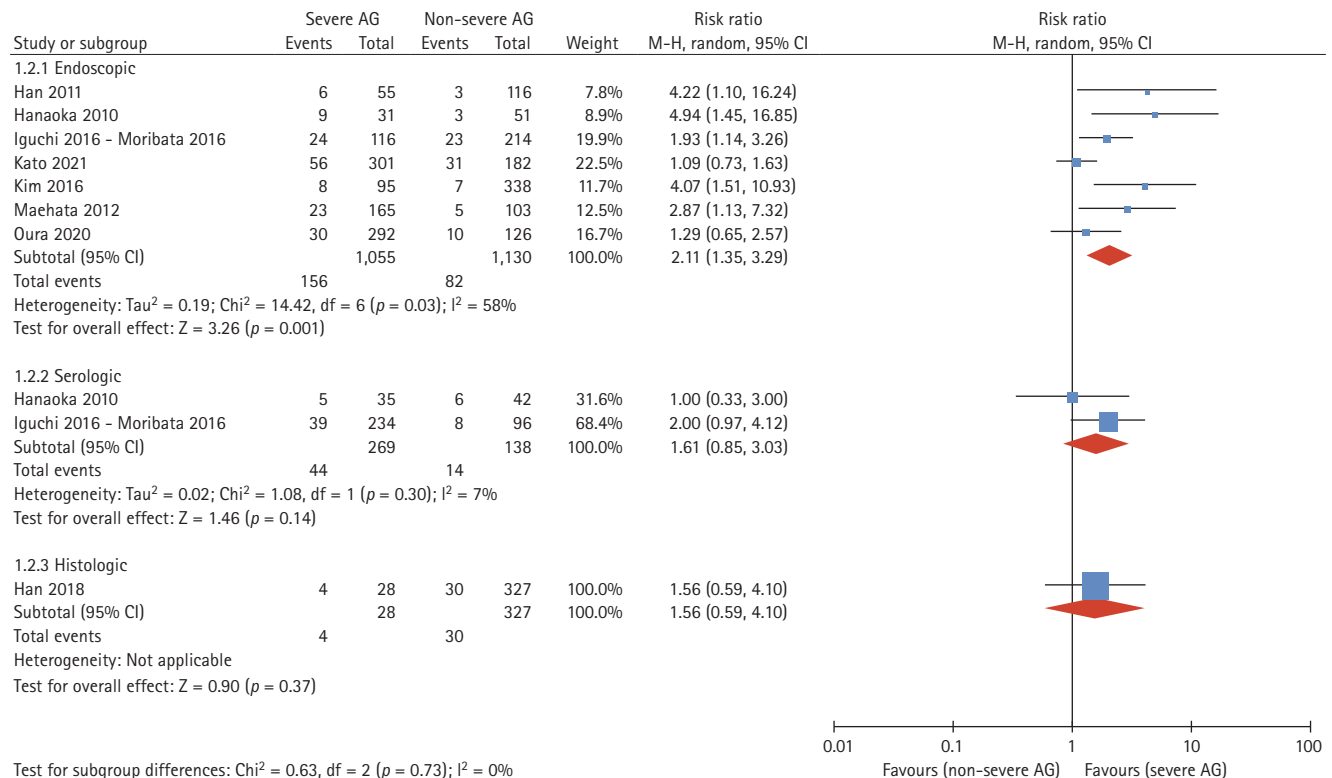


Figure 3. Forest plot analyzing the occurrence of metachronous gastric cancer after endoscopic resection according to endoscopic, serologic, or histologic evaluation of mucosal atrophy. Endoscopic evaluation was analyzed based on antral atrophy. AG, atrophic gastritis.

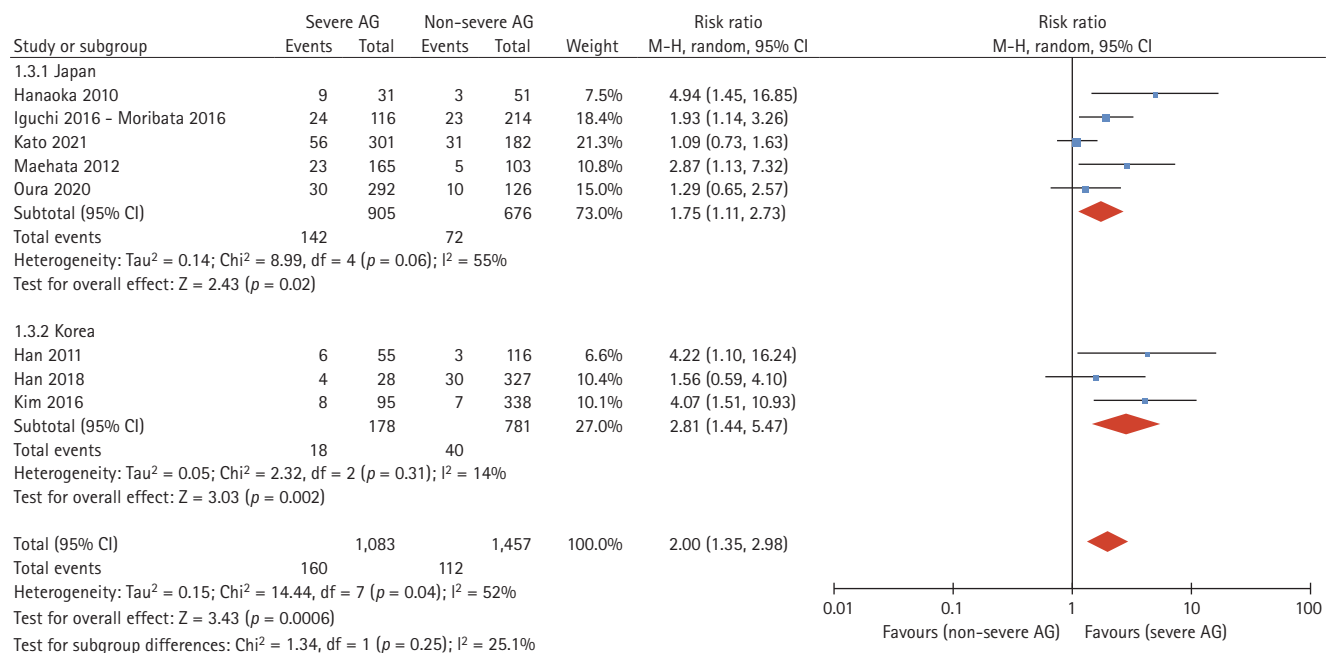


Figure 4. Forest plot analyzing the occurrence of metachronous gastric cancer after endoscopic resection according to the severity of mucosal atrophy by country. Endoscopic evaluation was analyzed based on antral atrophy. AG, atrophic gastritis.

Table 3. Absolute risk and incidence rate per person-years of occurrence of MGC according to the presence or absence of IM

Study	Year	Number of subjects	Median follow-up (yr)	Parameter of IM	Absolute risk of MGC occurrence according to the degree of atrophy		Absolute risk difference (%)	Incidence rate per 1,000 person-years (95% confidence interval) ^{a)}		Incidence rate difference per 1,000 person-years ^{b)}
					Absence of IM	Presence of IM		Absence of IM	Presence of IM	
Han et al. [19]	2011	176	2.5	Histologic-antrum	1/63 (1.6)	8/108 (7.4)	5.8	6.3 (0.1–35.3)	29.6 (12.8–58.4)	23.3
				Histologic-corpus	2/113 (1.8)	5/51 (9.8)	8.0	7.1 (0.8–25.6)	39.2 (12.6–91.5)	32.1
Han et al. [20]	2018	565	4.2	Histologic-antrum	4/465 (0.9)	44/477 (9.2)	8.4	2.1 (0.6–5.3)	22.1 (16.1–29.7)	20.1
				Histologic-corpus	11/430 (2.6)	36/359 (10.0)	7.5	6.1 (3.1–11.0)	24.1 (16.9–33.3)	17.9
Iguchi et al. [22], Moribata et al. [23]	2016	330	4.2	Endoscopic	0/21 (0)	22/101 (21.8)	21.8	0	52.3 (32.8–79.2)	52.3
Kim et al. [25]	2016	433	2.5	Histologic	5/306 (1.6)	10/127 (7.9)	6.2	6.5 (2.1–15.3)	31.5 (15.1–57.9)	25.0
Total		1,504	-		10/855 (1.2)	84/813 (10.3)	9.2	3.4 (1.6–6.2)	28.0 (22.4–34.7)	24.7
					18/1,335 (1.3)	73/638 (11.4)	10.1	6.2 (3.6–9.7)	30.9 (24.2–38.9)	24.8

Values are presented as number (%).

IM, intestinal metaplasia; MGC, metachronous gastric cancer.

^{a)}Taylor series was used.

^{b)}Byar method was used.

Effect of the degree of mucosal atrophy on occurrence of metachronous gastric cancer

Data obtained from eight studies were pooled [19-27]. Of 2,755 cases, 1,295 cases were classified as severe AG and 1,250 cases were classified as non-severe AG. The incidence of MGC was 14.8% in GC patients with severe AG and 7.7% in GC patients with non-severe AG based on atrophy assessed at the antrum (absolute risk difference: 7.1%; Table 2). Atrophy evaluated at the corpus showed similar results with an absolute risk difference of 6.9%. The incidence rate of MGC was 38.6 (95% CI 32.8–45.0) per 1,000 person-years for those with severe AG and 20.7 (95% CI 17.1–24.9) per 1,000 person-years for those with non-severe AG, with the difference in incidence rate being 17.5 per 1,000 person-years. Patients with severe atrophy of the background mucosa at the ER had a higher risk of MGC occurrence than patients without severe AG (RR 2.00, 95% CI 1.35–2.98, $I^2 = 52\%$ in the antrum; RR 1.80, 95% CI 1.24–2.61, $I^2 = 45\%$ in the corpus; Fig. 2).

Subgroup analysis was performed to estimate MGC occurrence according to the parameter for judging the degree of mucosal atrophy. Endoscopically evaluated severe AG had significantly higher MGC occurrence than non-severe AG (RR 2.11, 95% CI 1.35–3.29, $I^2 = 58\%$; Fig. 3). Serological (PG I, II) and histological diagnostic methods were also analyzed. Testing for subgroup differences revealed no statistically significant subgroup effect ($p = 0.73$).

Countries were also sub-analyzed to examine the possibility of geographically different outcomes (Fig. 4). Five Japanese studies [21-24,26,27] and three Korean studies [19,20,25] were included in this study. In Japanese studies, the number of severe AG patients ($n = 905$, 57.2%) was higher than the number of non-severe AGs. In Korean studies, the number of severe AGs ($n = 178$, 18.6%) was less classified. The RR for MGC in severe AG was 1.75 (95% CI 1.11–2.73, $I^2 = 55\%$) in Japanese studies and 2.81 (95% CI 1.44–5.47, $I^2 = 14\%$) in Korean studies. Test for subgroup difference showed no subgroup effect ($p = 0.25$).

Effects of intestinal metaplasia on occurrence of metachronous gastric cancer

We investigated whether the presence of IM affected the occurrence of MGC in patients who underwent ER for GC. In four studies, 1,504 patients were included. The median follow-up period after ER was 2.5 to 4.2 years. IM was diagnosed histologically in three studies [19,20,25]. It was

diagnosed grossly during endoscopy in one study [22,23]. Two studies divided the biopsy site into antrum and corpus [19,20]. In studies evaluating IM in the corpus, the absolute risk difference of MGC was higher at 9.2% and the incidence rate difference per 1,000 person-years was 24.7 (Table 3). Results evaluated at the antrum were similar.

For GC patients with IM, the RR of MGC occurrence was significantly higher than that in patients without IM (RR 7.08, 95% CI 3.63–13.80, $I^2 = 0\%$ at the antrum; RR 4.41, 95% CI 2.63–7.41, $I^2 = 0\%$ at the corpus; Fig. 5).

Relationship between *Helicobacter pylori* eradication and metachronous gastric cancer

A meta-analysis was performed to evaluate the relationship between *H. pylori* eradication and MGC occurrence (Fig. 6). Since many people were not clearly evaluated for past eradication of *H. pylori*, we compared by the presence or absence of *H. pylori* infection at the time of ER. A total of 660 patients failed in *H. pylori* eradication while 1,489 patients succeeded. However, there was no significant difference in the risk of MGC between persistent and eradicated groups (RR 1.18, 95% CI 0.88–1.59, $I^2 = 10\%$).

Analyses of risk factors affecting the occurrence of metachronous gastric cancer

We performed an analysis to determine whether the risk of MGC occurrence increased according to demographic factors and characteristics of primary cancer. Risks of MGC occurrence according to demographic factors such as sex, age, drinking history, and smoking history are presented in Supplementary Table 3 and Supplementary Figure 1. The risk of developing MGC was significantly higher in males than in females (total number of patients = 2,579, RR 1.54, 95% CI 1.07–2.22, $I^2 = 22\%$). Patients with a history of smoking also had a greater incidence of MGC (total number of patients = 412, RR 2.10, 95% CI 1.25–3.53, $I^2 = 0\%$). The risk of developing MGC was higher in alcoholics, although the difference was not statistically significant.

A forest plot for the occurrence of MGC according to characteristics of primary cancer is presented in Supplementary Table 4. Primary cancer location, gross type, Lauren's classification, the degree of differentiation, and the depth of invasion were investigated. Supplementary Figure 2 shows a meta-analysis for each variable. No risk factor showed a statistically significant effect on the occurrence of MGC.

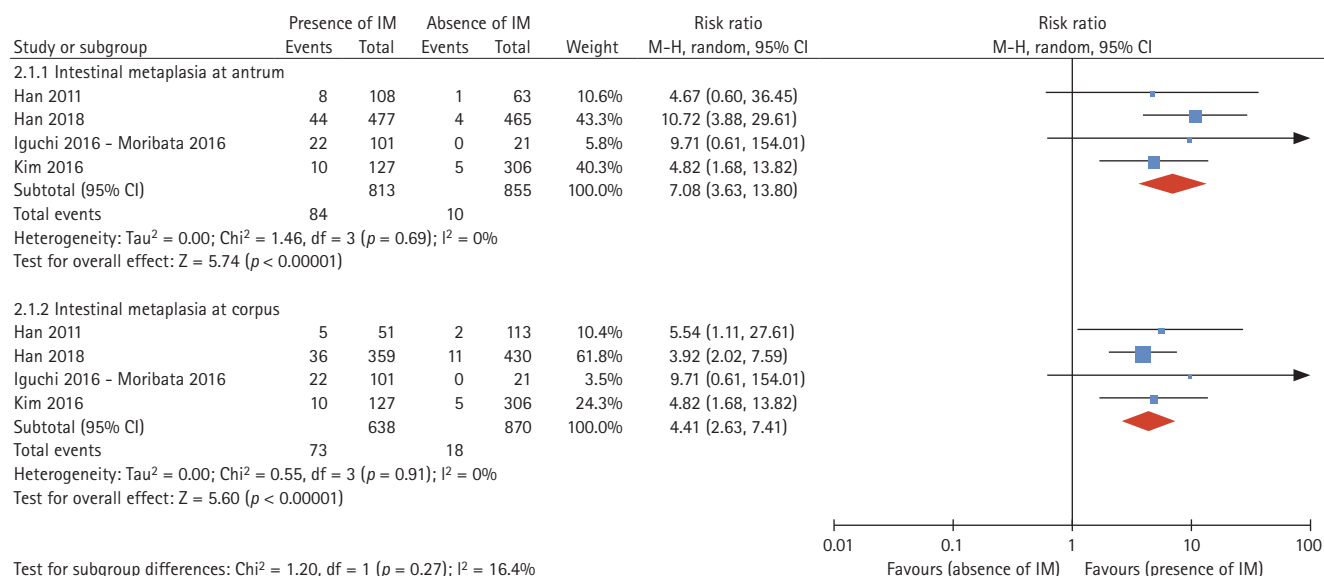


Figure 5. Forest plot of the occurrence of metachronous gastric cancer after endoscopic resection according to the presence or absence of intestinal metaplasia. Two studies evaluated atrophy by dividing it into antrum and corpus. Thus, they were analyzed separately [19,20]. IM, intestinal metaplasia.

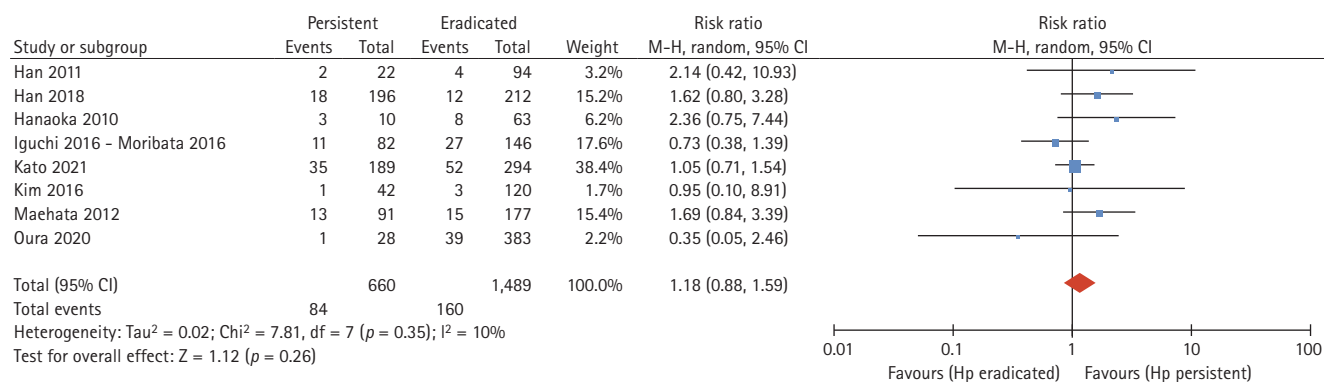


Figure 6. Forest plot of the occurrence of metachronous gastric cancer after endoscopic resection according to Hp eradication. Hp, *Helicobacter pylori*.

DISCUSSION

This systematic review and meta-analysis showed that severe AG and presence of IM were significant risk factors for MGC occurrence after ER for GC. In particular, patients with severe AG or IM were quantitatively shown to have a 2-fold and a 7-fold higher incidence of MGC, respectively, compared with patients without severe AG or IM. This was consistently observed in sub-analyses according to different methods of evaluating mucosal atrophy and geographical area. There was no significant relationship between *H. pylori* eradication status and the risk of MGC occurrence in the

present study.

AG is usually evaluated endoscopically, serologically, and histologically. Endoscopic biopsy is the gold standard method for diagnosing AG [28]. The Kimura-Takemoto classification is the most commonly used method in clinical practice, is reliable and agrees with the Operative Link for Gastritis Assessment (OLGA) staging system [12,29,30]. Several studies have assessed gastric mucosal atrophy by measuring PG I and PG II. PG is a reliable marker for diagnosing gastric mucosal atrophy [31,32]. Serum PG I and I/II ratio test for OLGA gastritis also showed a strong correlation with the stage [4,33]. A study comparing endoscopic, histologic, and

serologic methods together to evaluate AG also showed statistically significant associations among the three [34].

In the present study, analysis was performed to confirm subgroup effects of various methods of evaluating AG. However, most patients were evaluated endoscopically. Other subgroups included a small number of trials and participants. Due to the uneven covariate distribution, it would have been difficult for the analysis to detect differences in subgroups. However, it was identified that severe AG favored MGC generation rather than non-severe AG in all subgroups. This was consistent with changes according to geographic location. We further evaluated results of Japan and Korea separately, considering the possibility of inter-observer variation and educational differences between countries in the endoscopic evaluation of mucosal atrophy. There was no statistically significant subgroup effect in this analysis, showing consistent results between AG and MGC.

MGC occurs after ER for GC, even in patients who have experienced eradication of *H. pylori* infection. Therefore, identification of potential risk factors for MGC is essential. IM is a precancerous lesion of GC [35,36]. However, to the best of our knowledge, studies that quantify the effect of IM on the occurrence of MGC after ER for GC have not been reported yet. The presence of IM can be more meaningful in the group after ER than in the general population. Our present study showed this through meta-analysis of previous reports.

In a randomized controlled trial that followed GC patients underwent ER [37], the difference in MGC recurrence with or without *H. pylori* eradication therapy occurred after a longer period, with a median of 5.9 years and a maximum of 13 years. Results showed a more significant difference in the recurrence of MGC after ten years of eradication than 3 to 4 years of eradication treatment. Studies included in our meta-analysis had limitations in evaluating effects of eradicating *H. pylori* because the follow-up period was not long, usually less than five years. However, recent other studies have shown that the GC preventive effect of *H. pylori* eradication is more pronounced in people without precancerous lesions after *H. pylori* eradication [38,39]. It can be assumed that *H. pylori* eradication might be less effective than the general population.

This study has some limitations. First, included studies might have selection bias as retrospective cohort studies. Second, these studies were conducted only in Japan and Korea. The reason for this is that both countries have a high

incidence of GC with screening evaluation for GC performed through a nationwide strategy. Third, the number of patients in whom the presence or absence of IM was confirmed was small. However, since most tissues were evaluated histologically, results were unlikely to be exaggerated or understated. Fourth, past infection or eradication history of *H. pylori* was unknown. Thus, the analysis was limited. In addition, there were limitations in explaining the impact of AG and IM on MGC and the relationship between *H. pylori* eradication. Fifth, the definition of severe atrophy was not the same between studies. Thus, there was a limitation in subgroup analysis. However, in all analysis results, the occurrence of less MGC was the same in cases with non-severe AG.

Nevertheless, the strength of this study was its focus on factors other than *H. pylori* infection as risk factors for MGC. As mentioned earlier, compared with *H. pylori*, AG and IM are more challenging to study and less attractive. However, since there are *H. pylori*-negative GC patients, consideration of other causes is necessary.

In conclusion, we found that severe AG and the presence of IM significantly increased the risk of metachronous recurrence in GC patients who underwent ER. In particular, patients with GC and IM occurred about seven times more than those with MGC. These results suggest that patients with severe AG or IM should undergo stricter follow-up endoscopy. Future studies in prospective cohorts with adjustment for baseline characteristics such as age and presence of *H. pylori* infection are needed.

KEY MESSAGE

1. Early gastric cancer with severe atrophic gastritis increased the risk of metachronous gastric cancer by two times after endoscopic resection.
2. Early gastric cancer with intestinal metaplasia had a 7-fold higher risk of metachronous gastric cancer than those without intestinal metaplasia.
3. The incidence rate of metachronous gastric cancer in endoscopically resected early gastric cancer patients was 17.5 per 1,000 person-years in those with severe atrophic gastritis and 24.7 per 1,000 person-years in those with intestinal metaplasia.

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Received : April 21, 2023

Revised : June 12, 2023

Accepted : June 19, 2023

Correspondence to

Jae Myung Park, M.D.

Division of Gastroenterology and Hepatology, Department of Internal Medicine, Seoul St. Mary's Hospital, College of Medicine, The Catholic University of Korea, 222 Banpo-daero, Seocho-gu, Seoul 06591, Korea
Tel: +82-2-2258-6022, Fax: +82-2-2258-2089

E-mail: parkjerry@catholic.ac.kr

<https://orcid.org/0000-0002-1534-7467>

Acknowledgments

The authors thank Professors Hyeon Woo Yim and Hyunsuk Jeong, Department of Preventive Medicine, College of Medicine, The Catholic University of Korea, and Ms. Na Jin Kim, Medical Library, The Catholic University of Korea, for her technical assistance in this study.

Credit authorship contributions

Younghee Choe: conceptualization, methodology, investigation, formal analysis, writing - original draft, writing - review & editing, visualization; Jae Myung Park: conceptualization, methodology, investigation, formal analysis, writing - review & editing, supervision; Joon Sung Kim: methodology, investigation, writing - review & editing, project administration; Yu Kyung Cho: methodology, investigation, writing - review & editing, project administration; Byung-Wook Kim: investigation, formal analysis, writing - review & editing, project administration; Myung-Gyu Choi: investigation, formal analysis, writing - review & editing, project administration

Conflicts of interest

The authors disclose no conflicts.

Funding

None

Supplementary File. Search strategy

- 1 (((stomach or gastric) adj2 (cancer* or adenocarcinoma* or ADC* or carcinoma* or malignanc* or neoplas* or tumorigenesis)) or EGC*).mp.
- 2 ((stomach or gastric) adj2 (neoplas* or tumor*)).ti,ab.
- 3 1 or 2
- 4 (dysplasia* or adenoma* or artificial ulcer*).ti.
- 5 (gastrointestinal stromal tumor* or GIST* or carcinoid*).ti,ab.
- 6 4 or 5
- 7 3 not 6
- 8 exp Endoscopic Mucosal Resection/
- 9 (endoscopic* adj2 (resect* or treat*)).mp.
- 10 ("endoscopic submucosal dissection" or "endoscopic mucosal resection" or mucosectomy or ESD or EMR).mp.
- 11 or/8-10
- 12 (gastrectomy or surgery or surgical or postoperative or lymphadenectomy or radical or chemotherapy or chemoradiation or radiation or technique or imaging or laser).mp.
- 13 11 not 12
- 14 7 and 13
- 15 exp Gastritis, Atrophic/ or exp Pepsinogen A/
- 16 (atroph* or (intestin* adj2 metaplasia) or "intestinal type" or "metaplastic gastritis").mp.
- 17 (Kimura-Takemoto or Sydney or Kyoto) classification or OLGA or "operative link on gastritis assessment" or OLGIM or "operative link on gastric intestinal metaplasia assessment" or pepsinogen
- 18 or/15-17
- 19 14 and 18
- 20 exp Neoplasms, Second Primary/
- 21 (metachronous or recurren* or second* or subsequen*).mp.
- 22 20 or 21
- 23 19 and 22
- 24 23 use pmez
- 25 ("case reports" or review).pt.
- 26 (case* or "case report" or review or guide or guideline* or consensus or letter or reply).ti.
- 27 25 or 26
- 28 24 not 27
- 29 limit 28 to yr="1946-current"
- 30 (((stomach or gastric) adj2 (cancer* or adenocarcinoma* or ADC* or carcinoma* or malignanc* or tumorigenesis)) or EGC*).mp.
- 31 ((stomach or gastric) adj2 (neoplas* or tumor*)).ti,ab,kw.
- 32 30 or 31
- 33 (dysplasia* or adenoma* or artificial ulcer*).ti.
- 34 (gastrointestinal stromal tumor* or GIST* or carcinoid*).ti,ab.
- 35 33 or 34
- 36 32 not 35
- 37 exp Endoscopic Submucosal Dissection/ or exp Endoscopic Mucosal Resection/
- 38 (endoscopic* adj2 (resect* or treat*)).mp.
- 39 ("endoscopic submucosal dissection" or "endoscopic mucosal resection" or mucosectomy or ESD or EMR).mp.
- 40 or/37-39
- 41 (gastrectomy or surgery or surgical or postoperative or lymphadenectomy or radical or chemotherapy or chemoradiation or radiation or technique or imaging or laser).mp.
- 42 40 not 41
- 43 36 and 42
- 44 exp Atrophic Gastritis/ or exp Intestine Metaplasia/ or exp Pepsinogen I/
- 45 (atroph* or (intestin* adj2 metaplasia) or "intestinal type" or "metaplastic gastritis").mp.
- 46 ((Kimura-Takemoto or Sydney or Kyoto) classification or OLGA or "operative link on gastritis assessment" or OLGIM or "operative link on gastric intestinal metaplasia assessment" or pepsinogen).tx
- 47 or/44-46

48 41 and 47
 49 exp Metachronous Gastric Cancer/
 50 (metachronous or recurren* or second* or subsequen*).mp.
 51 48 or 49
 52 48 and 51
 53 52 use oomezd
 54 ("case reports" or review).pt.
 55 (case* or "case report" or review or guide or guideline* or consensus or letter or reply).ti.
 56 54 or 55
 57 53 not 56
 58 limit 57 to yr="1974-current"
 59 (((stomach or gastric) adj2 (cancer* or adenocarcinoma* or ADC* or carcinoma* or malignanc* or tumorigenesis or neoplas* or tumor*)) or EGC*).ti,ab,kw.
 60 (dysplasia* or adenoma* or artificial ulcer* or "gastrointestinal stromal tumor*" or GIST* or carcinoid*).ti.
 61 (gastrointestinal stromal tumor* or GIST* or carcinoid*).ab.
 62 60 or 61
 63 59 not 62
 64 exp Endoscopic Mucosal Resection/
 65 ((endoscopic* adj2 (resect* or treat*)) or "endoscopic submucosal dissection" or "endoscopic mucosal resection" or mucosectomy or ESD or EMR).ti,ab,kw.
 66 64 or 65
 67 (gastrectomy or surgery or surgical or postoperative or lymphadenectomy or radical or chemotherapy or chemoradiation or radiation or technique or imaging or laser).ti.
 68 66 not 67
 69 63 and 68
 70 exp Gastritis, Atrophic/
 71 exp Pepsinogen A/
 72 (atroph* or (intestin* adj2 metaplasia) or "intestinal type" or "metaplastic gastritis").ti,ab,kw.
 73 ((Kimura-Takemoto or Sydney or Kyoto) classification or OLGA or "operative link on gastritis assessment" or OLGIM or "operative link on gastric intestinal metaplasia assessment" or pepsinogen).tx
 74 or/70-73
 75 69 and 74
 76 exp Neoplasms, Second Primary/
 77 (metachronous or recurren* or second* or subsequen*).ti,ab,kw.
 78 76 or 77
 79 75 and 78
 80 79 use coch
 81 ("case report form" or review process").pt.
 82 (case* or "case report" or review or guide or guideline* or consensus or letter or reply).ti.
 83 81 or 82
 84 80 not 83
 85 29 or 58 or 84
 86 remove duplicates from 85

Supplementary Table 1. Eligibility criteria

Inclusion criteria
Adults 19 years and older who underwent endoscopic resection for gastric cancer
Severe atrophic gastritis or intestinal metaplasia evaluated
Mentioned about the method for evaluating severe atrophic gastritis or intestinal metaplasia
Gastric cancer occurred 1 year after endoscopic resection
Follow-up for at least 2 years after endoscopic resection
Dichotomous assessment of the effect on the incidence of metachronous gastric cancer
Exclusion criteria
Endoscopic resection for gastric 'adenoma'
Metachronous gastric 'adenoma' developed
The degree or evaluation method of atrophic gastritis is not clearly stated.

Supplementary Table 2. Newcastle–Ottawa Scale for cohort study quality

Study	Year	Selection			Comparability		Outcome	
		Representativeness of the exposed cohort	Selection of the non-exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis controlled for confounders	Was follow-up long enough for outcomes to occur	Adequacy of follow-up of cohorts
Hanaoka et al. [21]	2010	☆	☆	☆	☆	☆	☆	☆
Han et al. [19]	2011	☆	☆	☆	☆	☆	☆	☆
Maehata et al. [26]	2012	☆	☆	☆	☆	☆	☆	☆
Iguchi et al. [22], Moribata et al. [23]	2016	☆	☆	☆	☆	☆	☆	☆
Kim et al. [25]	2016	☆	☆	☆	☆	☆	☆	☆
Han et al. [20]	2018	☆	☆	☆	☆	☆	☆	☆
Oura et al. [27]	2020	☆	☆	☆	☆	☆	☆	☆
Kato et al. [24]	2021	☆	☆	☆	☆	☆	☆	☆

A study can be given a maximum of one star for each numbered item.

Supplementary Table 3. Incidence of metachronous gastric cancer according to demographic factors in each study

Variable	Total	Hanaoka et al. [21], 2010	Han et al. [19], 2011	Maehata et al. [26], 2012	Iguchi et al. [22], Moribata et al. [23], 2016	Kim et al. [25], 2016	Han et al. [20], 2018	Oura et al. [27], 2020	Kato et al. [24], 2021
Male sex	240/1,911 (12.6)	12/68 (17.6)	5/112 (4.5)	22/194 (11.3)	39/240 (16.3)	15/189 (7.9)	46/440 (10.5)	28/295 (9.5)	73/373 (19.6)
Age > 70 yr	33/224 (14.7)	-	-	-	-	-	-	-	33/224 (14.7)
Alcohol drinking	38/226 (16.8)	6/40 (15.0)	-	-	32/186 (17.2)	-	-	-	-
Current smoker	41/215 (19.1)	8/36 (22.2)	-	-	33/179 (18.4)	-	-	-	-
PPI use									
Over 1 yr	13/146 (8.9)	-	-	-	-	-	-	13/146 (8.9)	-
Over 2 yr	12/117 (10.3)	-	-	-	-	-	-	12/117 (10.3)	-
Over 3 yr	11/94 (11.7)	-	-	-	-	-	-	11/94 (11.7)	-
H2RA for more than 1 yr	5/27 (18.5)	-	-	-	-	-	-	5/27 (18.5)	-
LDA for more than 1 yr	4/56 (7.1)	-	-	-	-	-	-	4/56 (7.1)	-
<i>H. pylori</i> status									
Neg or eradicated	194/1,850 (10.5)	3/10 (30.0)	7/154 (4.5)	15/177 (8.5)	36/248 (14.5)	10/215 (4.7)	32/369 (8.7)	39/383 (10.2)	52/294 (17.7)
Persistent	90/722 (12.5)	9/72 (12.5)	2/22 (9.1)	13/91 (14.3)	11/82 (13.4)	1/42 (2.4)	18/196 (9.2)	1/28 (3.6)	35/189 (18.5)

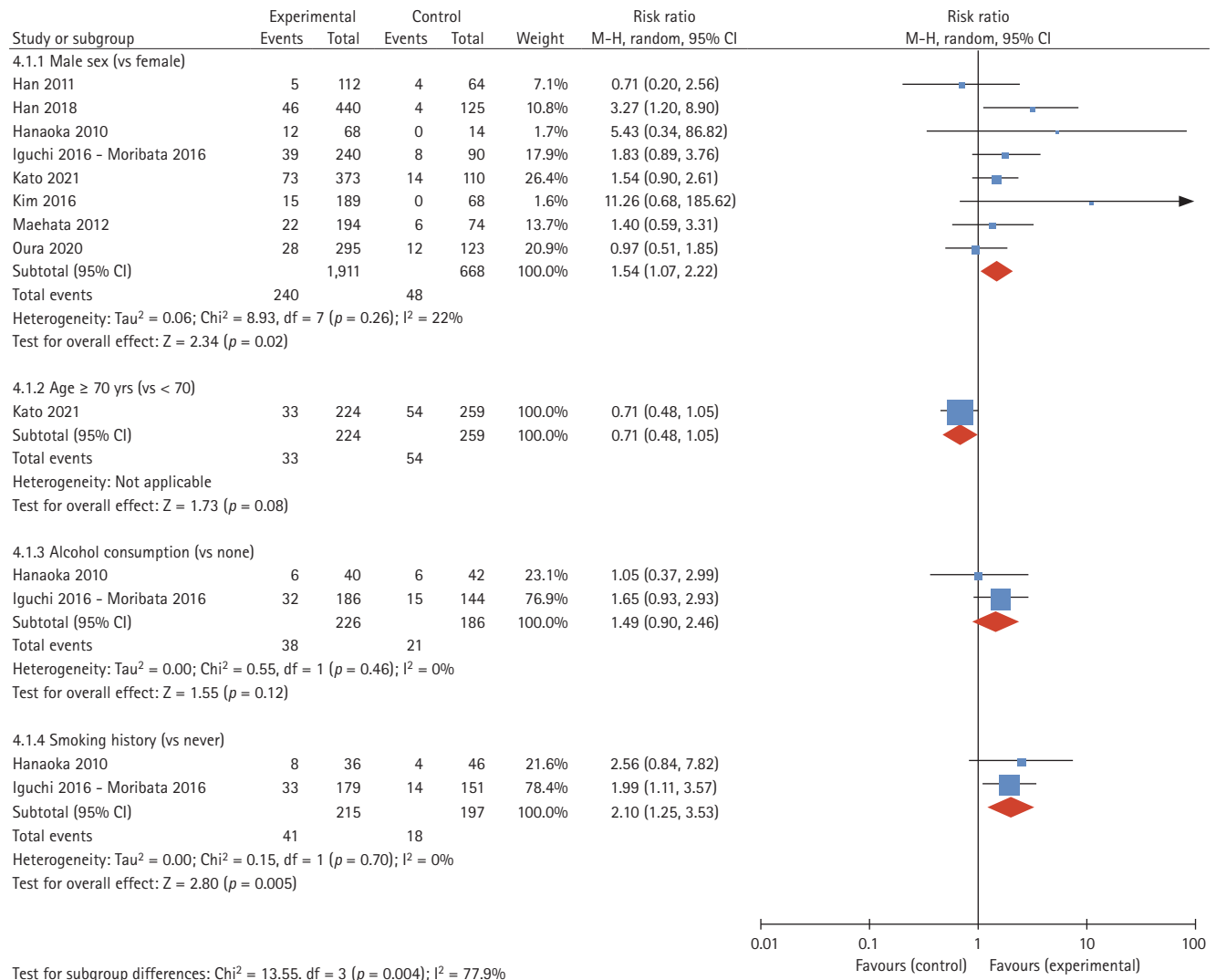
Values are presented as n/N (%).

H2RA, histamine-2-receptor antagonist; *H. pylori*, *Helicobacter pylori*; LDA, low-dose aspirin; PPI, proton pump inhibitor.

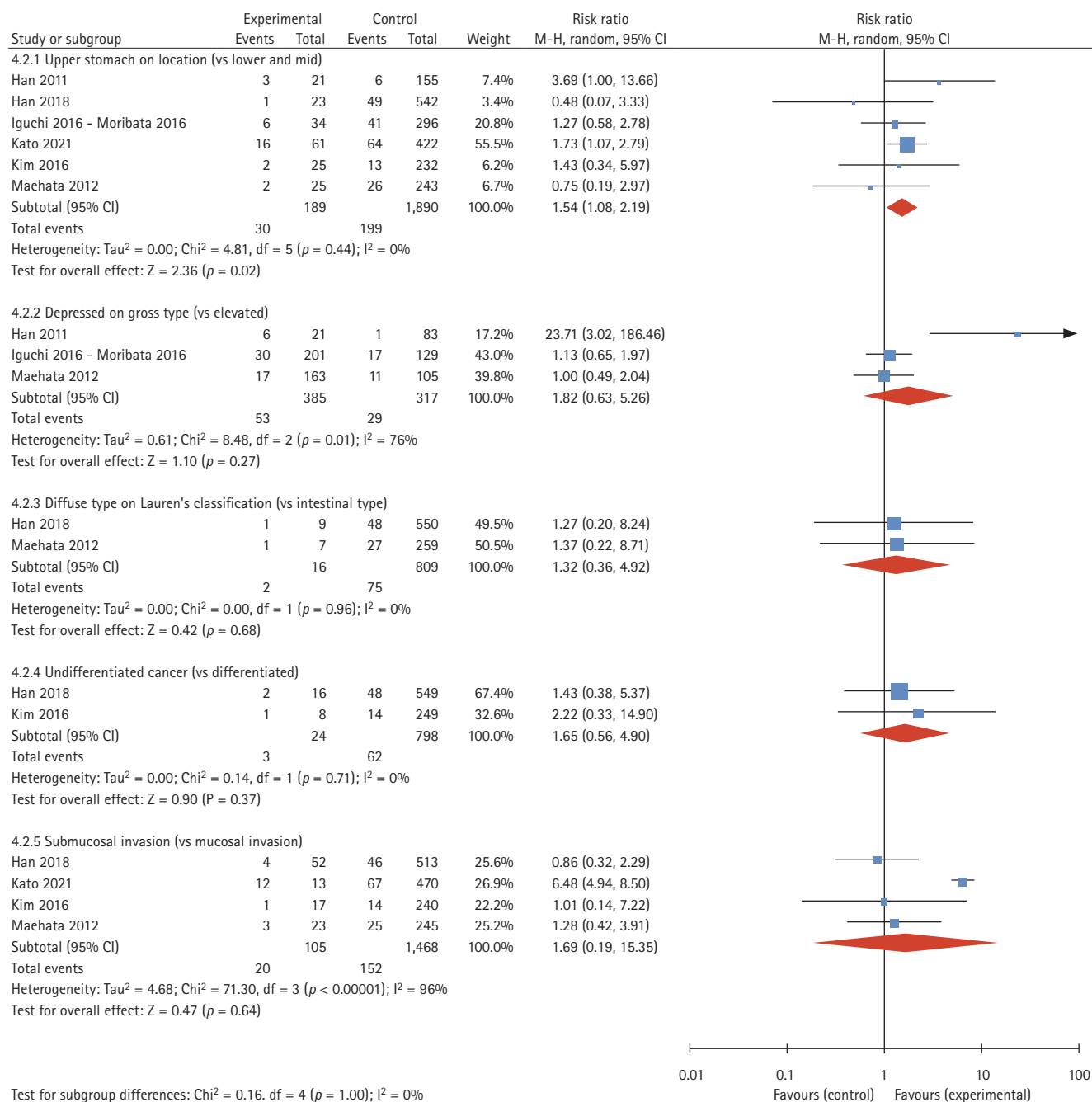
Supplementary Table 4. Incidence of metachronous gastric cancer according to characteristics at the time of endoscopic resection of gastric cancer

Variable	Total	Hanaoka et al. [21], 2010	Han et al. [19], 2011	Maehata et al. [26], 2012	Iguchi et al. [22], Moribata et al. [23], 2016	Kim et al. [25], 2016	Han et al. [20], 2018	Oura et al. [27], 2020	Kato et al. [24], 2021
Location of gastric cancer									
Upper	30/202 (14.9)	-	3/21 (14.3)	2/25 (8.0)	6/34 (17.6)	2/25 (8.0)	1/23 (4.3)	-	16/61 (26.2)
Lower to mid	199/2,293 (8.7)	-	6/155 (3.9)	26/243 (10.7)	41/296 (13.9)	13/232 (5.6)	49/542 (9.0)	-	64/422 (15.2)
Gross type									
Elevated	62/616 (10.1)	-	1/83 (1.2)	11/105 (10.5)	17/129 (13.2)	-	-	-	33/299 (11.0)
Depressed	95/569 (16.7)	-	6/21 (28.6)	17/163 (10.4)	30/201 (14.9)	-	-	-	42/184 (22.8)
Lauren's classification of cancer									
Intestinal type	75/809 (9.3)	-	-	27/259 (10.4)	-	-	48/550 (8.7)	-	-
Diffuse type	2/16 (12.5)	-	-	1/7 (14.3)	-	-	1/9 (11.1)	-	-
Differentiation of primary cancer									
Differentiated	62/798 (7.8)	-	-	-	-	14/249 (5.6)	48/549 (8.7)	-	-
Undifferentiated	3/24 (12.5)	-	-	-	-	1/8 (12.5)	2/16 (12.5)	-	-
Depth of invasion									
Mucosa	152/1,468 (10.4)	-	-	25/245 (10.2)	-	14/240 (5.8)	46/513 (9.0)	-	67/470 (14.3)
Submucosa	20/105 (19.0)	-	-	3/23 (13.0)	-	1/17 (5.9)	4/52 (7.7)	-	12/13 (92.3)
Synchronous gastric cancer									
Absent	77/436 (17.7)	-	-	-	-	-	-	-	77/436 (17.7)
Present	10/47 (21.3)	-	-	-	-	-	-	-	10/47 (21.3)
Curability of endoscopic treatment (eCura)									
Low risk	38/413 (9.2)	-	-	-	-	-	-	38/413 (9.2)	-
Intermediate risk	2/5 (40.0)	-	-	-	-	-	-	2/5 (40.0)	-
High risk	0 (0)	-	-	-	-	-	-	0 (0)	-

Values are presented as n/N (%).



Supplementary Figure 1. Forest plot on occurrence of metachronous gastric cancer after endoscopic resection showing effects of demographic and clinical factors.



Supplementary Figure 2. Forest plot on occurrence of metachronous gastric cancer after endoscopic resection showing effects of characteristics of early gastric cancer at baseline.