

**Supplementary Table 1. Baseline characteristics of control or cyst groups after 1:2 propensity score matching**

| Characteristic                   | Control group<br>(n = 550) | Cyst group<br>(n = 275) | <i>p</i> value | SMD   |
|----------------------------------|----------------------------|-------------------------|----------------|-------|
| Age, yr                          | 37 (34–38)                 | 37 (35–39)              | 0.969          | 0.006 |
| Male sex                         | 336 (61.1)                 | 166 (60.4)              | 0.840          | 0.015 |
| BMI, kg/m <sup>2</sup>           | 23.5 (20.8–25.9)           | 23.2 (20.6–25.9)        | 0.568          | 0.053 |
| Overweight (BMI 23–24.9)         | 107 (19.5)                 | 53 (19.3)               | 0.954          |       |
| Obesity (BMI ≥ 25)               | 195 (35.5)                 | 95 (34.5)               |                |       |
| Abdominal girth, cm              | 82 (72–89)                 | 81 (73–89)              | 0.837          | 0.062 |
| SBP, mmHg                        | 119 (107–129)              | 118 (109–128)           | 0.833          | 0.014 |
| DBP, mmHg                        | 73 (65–82)                 | 74 (65–82)              | 0.507          | 0.045 |
| Hypertension                     | 70 (12.7)                  | 36 (13.1)               | 0.883          | 0.011 |
| Diabetes mellitus                | 31 (5.6)                   | 11 (4.0)                | 0.313          | 0.076 |
| HbA1c, %                         | 5.3 (5.1–5.5)              | 5.3 (5.1–5.5)           | 0.446          | 0.037 |
| Fasting glucose, mg/dL           | 88 (82–95)                 | 89 (84–95)              | 0.494          | 0.002 |
| Creatinine, mg/dL                | 0.87 (0.72–1.01)           | 0.88 (0.72–1.01)        | 0.963          | 0.018 |
| eGFR, mL/min/1.73 m <sup>2</sup> | 103 (93–112)               | 104 (93–112)            | 0.924          | 0.023 |
| Smoking                          |                            |                         | 0.910          |       |
| Never smoker                     | 265 (48.2)                 | 130 (47.3)              |                | 0.054 |
| Ex-smoker                        | 68 (12.4)                  | 39 (14.2)               |                | 0.019 |
| Current smoker                   | 209 (38.0)                 | 102 (37.1)              |                | 0.018 |
| Triglyceride, mg/dL              | 104 (68–172)               | 100 (67–157)            | 0.265          | 0.163 |
| HDL-C, mg/dL                     | 55 (44–65)                 | 53 (45–63)              | 0.531          | 0.042 |
| LDL-C, mg/dL                     | 117 (98–140)               | 116 (95–139)            | 0.377          | 0.063 |
| Uric acid, mg/dL                 | 5.5 (4.2–6.6)              | 5.5 (4.1–6.7)           | 0.942          | 0.011 |

Values are presented as median (interquartile range) or number (%).

SMD, standardized mean difference; BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HbA1c, hemoglobin A1c; eGFR, estimated glomerular filtration rate; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol.