

Supplementary Table 4. Caregiver reliance (patient reported)

Variable	MF (n = 39)	PV (n = 25)	ET (n = 41)	All (n = 105)	p value
Caregiver reliance					
Never	26 (68.42)	21 (87.50)	36 (87.80)	83 (80.58)	0.2297
Rarely	6 (15.79)	2 (8.33)	4 (9.76)	12 (11.65)	
Sometimes	2 (5.26)	0	1 (2.44)	3 (2.91)	
Often	4 (10.53)	1 (4.17)	0	5 (4.85)	
Total	38 (97.44)	24 (96.00)	41 (100.00)	103 (98.10)	
Primary caregiver					
Spouse/partner	6 (60.00)	2 (66.67)	3 (60.00)	11 (61.11)	0.8869
Son/daughter	3 (30.00)	1 (33.33)	1 (20.00)	5 (27.78)	
Other relative	0	0	1 (20.00)	1 (5.56)	
Paid nurse or home healthcare professional	1 (10.00)	0	0	1 (5.56)	
Total	10 (83.33)	3 (100.00)	5 (100.00)	18 (90.00)	
What kind of help do you require?					
Companionship	6 (50.00)	2 (66.67)	0	8 (40.00)	0.1250
Transportation	9 (75.00)	3 (100.00)	3 (60.00)	15 (75.00)	0.6275
Homemaking	8 (66.67)	1 (33.33)	3 (60.00)	12 (60.00)	0.8114
Personal care assistance	4 (33.33)	0	0	4 (20.00)	0.2962
Healthcare assistance	2 (16.67)	1 (33.33)	0	3 (15.00)	0.5175
Managing finances	4 (33.33)	1 (33.33)	0	5 (25.00)	0.3579
Help plan and organize everyday activities	4 (33.33)	1 (33.33)	0	5 (25.00)	0.3579
Hours received help	17.68 ± 21.05	15.67 ± 12.90	6.60 ± 4.77	14.45 ± 17.13	0.5057
Caregiver employment status, yes	5 (45.45)	1 (33.33)	0	6 (33.33)	0.3138
Caregiver status					
Changed from full-time to part-time employment?	1 (11.11)	0	0	1 (5.88)	1.0000
Taken early retirement?	2 (22.22)	0	0	2 (11.76)	0.6691
Voluntarily terminated his/her job?	3 (33.33)	2 (66.67)	0	5 (29.41)	0.0905
Considered terminating his/her job	1 (11.11)	1 (33.33)	0	2 (11.76)	0.4044

Values are presented as number (%) or mean ± standard deviation.

MF, myelofibrosis; PV, polycythemia vera; ET, essential thrombocythemia.