

Supplementary Table 1. Baseline characteristics in the Korea National Health and Nutrition Examination Survey

Variable	Total (n = 24,822, weighted n = 35,151,173)				Adults aged 20–34 years (n = 4,918, weighted n = 9,480,045)			
	No.	%	Weighted no.	%	No.	%	Weighted no.	%
Age, yr, mean ± SE	46.2 ± 0.2				27.0 ± 0.1			
Age group, yr								
20–34	4,918	19.8	9,480,045	27.0	NA		NA	
35–64	14,489	58.4	20,798,607	59.2	NA		NA	
≥ 65	5,415	21.8	4,872,521	13.9	NA		NA	
Men	10,889	43.9	17,559,563	50.0	2,375	48.3	5,112,327	53.9
Overweight or obesity	14,149	57.0	20,144,905	57.3	2,309	46.9	4,616,627	48.7
Overweight	5,676	22.9	7,933,443	22.6	838	17.0	1,637,371	17.3
Obesity	8,473	34.1	12,211,462	34.7	1,471	29.9	2,979,256	31.4
Class I	7,181	28.9	10,245,899	29.1	1,101	22.4	2,228,349	23.5
Class II	1,103	4.4	1,639,666	4.7	284	5.8	561,020	5.9
Class III	189	0.8	325,897	0.9	86	1.7	189,887	2.0
Abdominal obesity	7,594	30.6	10,357,504	29.5	1,006	20.5	2,017,653	21.3
Family history of diabetes	5,390	21.7	7,808,629	22.2	893	18.2	1,672,000	17.6
Hypertension	7,168	28.9	8,737,222	24.9	280	5.7	591,670	6.2
Dyslipidemia	5,894	23.7	8,460,210	24.1	800	16.3	1,615,133	17.0

SE, standard error; NA, not applicable.