

**Supplementary Table. Risk of bias within included non-randomized trials using the Risk of Bias In Non-randomized Studies of Interventions (ROBINS-I) tool**

Reference	Confounding	Selection bias	Classification of interventions	Deviation from interventions	Missing data	Measurement of outcome	Selection of reported result
Cowley et al., 2019 [15]	Moderate risk	Low risk	Low risk	Low risk	No information	Low risk	Low risk
Deshpande et al., 2021 [16]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
Joung et al., 2011 [17]	Moderate risk	Moderate risk	Low risk	Low risk	No information	Low risk	Low risk
Kwon et al., 2019 [18]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk
Raman et al., 2013 [19]	Low risk	Low risk	Moderate risk	Moderate risk	No information	Low risk	Low risk
Schlueter et al., 2010 [20]	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk	Low risk