

## Supplementary Table 1. Measured items for latent variables employed in the SEM

Latent variable	Observed variable	No. of items
Socioeconomic status	Income, education, insurance, marital status	4
Comorbidity	Age-adjusted Charlson comorbidity index, heart failure, hypertension, angina or myo- cardial infarction, stroke, interstitial lung disease, pneumonia, tuberculosis, asthma, hepatitis, peptic ulcer, diabetes, malignancy, depression, bone fracture, osteoporosis	16
Lifestyle habit and healthcare utilization	Alcohol, smoking, exercise, hospitalization, check-up, medication compliance, alternative medicine (glucosamine, chondroitin, omega-3, vitamin D, calcium, iron, ginseng)	13

SEM, structured equation modeling.