

Supplementary Table 1. Medication at discharge according to the type of heart failure

Medication	Men	Women	<i>p</i> value
HFrEF			
RAS blockers	1,432 (72.6)	928 (72.5)	0.942
ACE inhibitors	727 (36.9)	404 (31.6)	0.002
Angiotensin receptor blockers	705 (35.8)	524 (40.9)	0.003
Beta-blockers	1,048 (53.1)	709 (55.4)	0.209
Mineralocorticoid receptor antagonist	972 (49.3)	663 (51.8)	0.162
Nitrate	490 (24.8)	313 (24.5)	0.8867
Hydralazine	13 (0.7)	9 (0.7)	0.619
Loop diuretic	1,471 (74.6)	976 (76.0)	0.154
Digoxin	583 (29.6)	379 (29.6)	0.931
Amiodarone	181 (9.2)	84 (6.6)	0.002
Non HFrEF (HFmrEF, HFpEF)			
RAS blockers	525 (57.4)	728 (58.3)	0.678
ACE inhibitors	181 (19.8)	242 (19.4)	0.811
Angiotensin receptor blockers	344 (37.6)	486 (38.9)	0.537
Beta-blockers	432 (47.3)	546 (43.8)	0.105
Mineralocorticoid receptor antagonist	318 (34.8)	505 (40.5)	0.007
Nitrate	178 (19.5)	203 (16.3)	0.125
Hydralazine	6 (0.7)	4 (0.3)	0.513
Loop diuretic	555 (60.7)	859 (66.8)	< 0.001
Digoxin	157 (17.2)	285 (22.8)	0.001
Amiodarone	44 (4.8)	88 (7.1)	0.077

Values are presented as number (%).

ACE, angiotensin-converting enzyme; HFmrEF, heart failure with mildly reduced ejection fraction; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; RAS, renin-angiotensin system.