

Supplementary Table 4. Baseline characteristics of study population, categorized by proteinuria status

Variable	Normal (n = 89,919)	Proteinuria (n = 2,800)	p value
Sex			< 0.001
Male	45,583 (50.7)	1,714 (61.2)	
Female	44,336 (49.3)	1,086 (38.8)	
Income level			0.671
1st quartile	16,311 (18.1)	512 (18.3)	
2nd quartile	19,077 (21.2)	613 (21.9)	
3rd quartile	27,752 (30.9)	869 (31.0)	
4th quartile	26,779 (29.8)	806 (28.8)	
Hypertension	55,437 (61.7)	2,252 (80.4)	< 0.001
Diabetes	18,891 (21.0)	1,234 (44.1)	< 0.001
Dyslipidemia	49,285 (54.8)	1,866 (66.6)	< 0.001
Ischemic heart disease	28,324 (31.5)	1,168 (41.7)	< 0.001
Cerebrovascular disease	10,782 (12.0)	510 (18.2)	< 0.001
Chronic obstructive pulmonary disease	39,216 (43.6)	1,261 (45.0)	0.140
Depression	22,489 (25.0)	673 (24.0)	0.250
Charlson Comorbidity Index			< 0.001
0	26,894 (29.9)	556 (19.9)	
1	25,035 (27.8)	616 (22.0)	
2	16,921 (18.8)	528 (18.9)	
3	21,069 (23.4)	1,100 (39.3)	
Body mass index (kg/m ²)	24.2 ± 3.0	24.7 ± 3.2	< 0.001
Waist (cm)	83.0 ± 8.2	85.3 ± 8.5	< 0.001
Systolic blood pressure (mmHg)	127.3 ± 14.6	131.8 ± 16.6	< 0.001
Diastolic blood pressure (mmHg)	77.2 ± 9.4	78.8 ± 10.3	< 0.001
Fasting blood glucose (mg/dL)	103.5 ± 24.5	119.0 ± 42.5	< 0.001
Total cholesterol (mg/dL)	194.3 ± 38.9	190.6 ± 43.3	< 0.001
Triglyceride (mg/dL)	130.7 ± 77.9	151.7 ± 100.1	< 0.001
HDL cholesterol (mg/dL)	54.1 ± 19.1	51.9 ± 14.6	< 0.001
Aspartate aminotransferase (U/L)	27.0 ± 15.4	29.8 ± 21.7	< 0.001
Alanine aminotransferase (U/L)	24.4 ± 16.6	27.5 ± 21.8	< 0.001
r-Glutamyl transpeptidase (U/L)	34.6 ± 48.7	51.2 ± 84.2	< 0.001
Hemoglobin (g/dL)	13.8 ± 1.4	13.8 ± 1.7	0.034
eGFR (mL/min/1.73 m ²)	80.5 (34.8)	70.6 (34.8)	< 0.001
60 ≤ eGFR < 90	60,883 (67.7)	1,630 (58.2)	< 0.001
eGFR ≥ 90	20,783 (23.1)	430 (15.4)	
30 ≤ eGFR < 60	7,791 (8.7)	565 (20.2)	
eGFR < 30	462 (0.5)	175 (6.2)	
Smoking			< 0.001
Non-smoker	61,510 (68.4)	1,649 (58.9)	
Ex-smoker	18,765 (20.9)	726 (25.9)	
Smoker	9,644 (10.7)	425 (15.2)	

Supplementary Table 4. Continued

Variable	Normal (n = 89,919)	Proteinuria (n = 2,800)	<i>p</i> value
Alcohol drinking	27,756 (30.9)	952 (34.0)	< 0.001
Regular exercise			0.130
No	61,523 (68.4)	1,956 (69.9)	
1–2/wk	13,565 (15.1)	392 (14.0)	
3–4/wk	8,371 (9.3)	238 (8.5)	
≥ 5/wk	6,460 (7.2)	214 (7.6)	
Timed up-and-go test (s)	8.1 ± 2.4	8.2 ± 2.5	0.034
Abnormal lower extremity function	7,590 (8.4)	272 (9.7)	0.019
Single-leg stance test (s)	18.7 ± 9.1	17.2 ± 9.2	< 0.001
Abnormal balance function	8,258 (9.2)	358 (12.8)	< 0.001

Values are presented as number (%) or mean ± standard deviation.

HDL, high density lipoprotein; eGFR, estimated glomerular filtration rate.